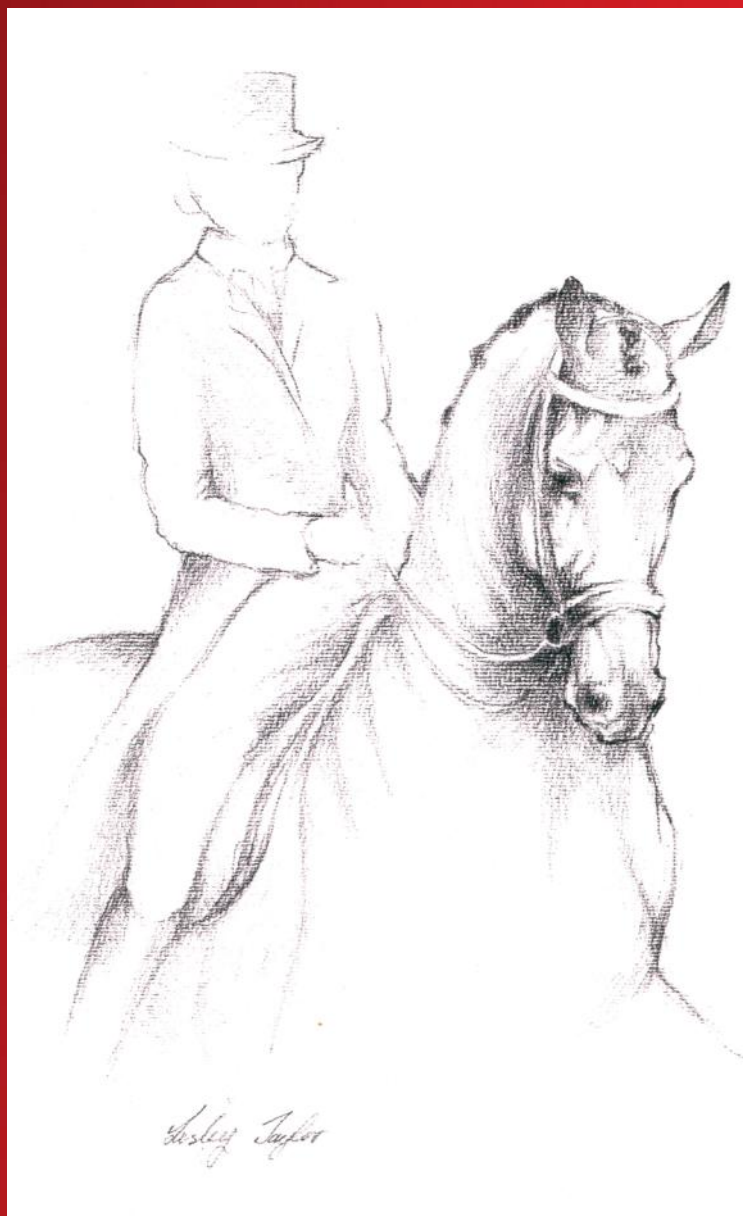


The Official Magazine  
of the **South Australian**  
Dressage Clubs and Dressage SA

# Moving **FORWARD**

ISSUE 117 Oct/Nov 2018





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The DSA Judges Sub-Committee is currently a temporary Sub-Committee of the ESA Board, until a new SA Dressage Committee is formed. We will continue working to ensure that Dressage Judge education commitments are carried out.

The Sub-Committee comprises Liz Duncan (Chair), Prue Foletta, Verity Hayman, Fiona Heysen, and Naomi Mashford.

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Moving Forward is available as a free PDF download through Adelaide Hills Dressage Club's website, most other SA Dressage Clubs' websites and the Equestrian South Australia website.

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### Disclaimer

Views expressed in this publication are not necessarily those of Equestrian South Australia, its constituent clubs, or the Editor of Moving Forward.

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## NEXT ISSUE CLOSING DATE

**24 November 2018**

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## 2018 COMPETITION CALENDAR

### OCTOBER

7	South Australian Dressage Association	Club Day	Evanston South
TBC	Kingston Show	Dressage Classes	Kingston SE
8	Mil-Lel Ag Show	Dressage Classes	Mil-Lel
13 - 14	<b>Adelaide Hills Dressage Club</b>	<b>Spring Festival Competitive / Participant / FEI / Young Horse</b>	<b>Strathalbyn</b>
14	Mid South East Dressage Club	Naracoorte Show - Dressage Classes	Naracoorte
21	Southern Vales Dressage Club	Closed Unrestricted Club Championships	Aldinga
21	Southern Flinders Dressage Club	Closed Unrestricted Club Champs	Murray Town
TBC	<b>Australian National Dressage Champs and CDIW</b>	<b>Interstate Competition</b>	
27	Mt Crawford Dressage Club	Competitive / Participant / Closed Unrestricted / PARA / AOR	Mt Crawford
28	Dressage Club of South Australia	Comp / Partic / FEI / YH / OTT (+ CUR for DCSA members)	Oakbank
TBC	Penola Show	Competitive / Participation	Penola

### NOVEMBER

3	<b>A and B Judges' Seminar</b>	<b>With Susie Hoevenaars</b>	<b>(ESA office morning, Tilling Hill afternoon)</b>
4	Millicent Show Society	Competitive / Participation	Millicent
4	South Australian Dressage Association	Competitive / Participation / Closed Unrestricted / FEI / YH	Mt Crawford
10	Mt Crawford Dressage Club	Closed Unrestricted with Eventing tests	Mt Crawford
11	Adelaide Hills Dressage Club	Closed Unrestricted	Strathalbyn
10 - 11	Clare Valley	Protocol Day with Robyn Stokes (TBC)	
11	Southern Flinders Dressage Club	Closed Unrestricted, Show Horse Prep	Clare
15 - 18	<b>Mitsubishi Motors</b>	Closed Unrestricted Hack Show	Murray Town
11	<b>Australian International 3 Day Event</b>	<b>FEI Eventing</b>	<b>Adelaide</b>
11	South Eastern Dressage Association	Club Day / Clinic	Mt Gambier
24	Mt Crawford Dressage Club	Competitive / Participation / FEI / Young Horse	
		Round 3 Triple Crown (final)	
25	Dressage Club of South Australia	Comp / Part / FEI / YH / OTT (+ CUR for DCSA members)	Mt Crawford
25	Southern Vales Dressage Club	Closed Unrestricted	Mt Crawford

### DECEMBER

2	South Australian Dressage Association	Closed Restricted – Club Championships	Evanston South
2	Mid South East Dressage Club	Christmas Party	Naracoorte
TBC	<b>Victorian Dressage Festival</b>	<b>Victoria</b>	<b>Interstate Competition</b>
8	Mt Crawford Dressage Club	Closed Unrestricted	Mt Crawford
9	South Eastern Dressage Association	Club Day	Mt Gambier
9	Adelaide Hills Dressage Club	Competitive / Participation / Closed Unrestricted	Strathalbyn
9	Southern Flinders Dressage Club	Closed Unrestricted Xmas competition	Murray Town
9	Clare Valley Dressage Club	Closed Unrestricted, Freestyle, Pas De Deux	Clare
16	Southern Vales Dressage Club	Competitive / Participation / Closed Unrestricted / Young Horse	Aldinga

Dates and venues are at times subject to change so please confirm with the clubs' website for updates.  
The calendar is current at the time of publication.

# 2019 COMPETITION CALENDAR

## JANUARY

6	South Australian Dressage Association	Pole Clinic with Lucy Williams	Trinity Grounds, Evanston Sth
13	Adelaide Hills Dressage Club	Competitive / Participation / Closed Unrestricted / YH	Strathalbyn
13	South Eastern Dressage Association	Club Day	Mt Gambier
13	Clare Valley Dressage Club	Closed Unrestricted	Clare
19	Mt Crawford Dressage Club	FEI / Competitive / CUR / YH	Mt Crawford
20	Southern Flinders Dressage Club	Closed Unrestricted (twilight)	Murray Town
20	Southern Vales Dressage Club	Competitive / Participant / CUR / PARA / Interschool	Aldinga
26 - 27	Mid South East Dressage Club	MSEDC Extravaganza Weekend – clinics and Protocol tests	Naracoorte
TBA	CDI3*+CDIY Boneo Classic	Victoria	Interstate Competition

## FEBRUARY

3	South Australian Dressage Association	Closed Unrestricted	Trinity Grounds, Evanston Sth
10	South Eastern Dressage Association	Club Day	Mount Gambier
10	Adelaide Hills Dressage Club	Closed Unrestricted /Combined Training	Strathalbyn
10	Clare Valley Dressage Club	Competitive	Clare
16	Mt Crawford Dressage Club	Dawn and Dusk	
		ROUND 1 Triple crown: Competitive / Participant / FEI	
		CUR / Freestyles	Mt Crawford
16	Southern Flinders Dressage Club	Competitive / Participation twilight	Murray Town
17	Southern Vales Dressage Club	Closed Unrestricted	Aldinga
24	DCSA	Competitive / FEI / Participant	TBC
23 - 24	Lucindale Show AH+P Society	Competitive / Participation / Interschool, Open, Closed Restricted, HRCav	Lucindale

## MARCH

<b>TBC</b>	<b>Tasmanian State Champs</b>	<b>Competitive / FEI</b>	<b>Interstate Competition</b>
3	South Australian Dressage Association	Competitive / Participation / FEI / Closed Restricted / Interschool / Para	Mt Crawford
	<b>Results from this event count towards State Squad Selection and ESA Awards</b>		
10	Adelaide Hills Dressage Club	Competitive, Closed Unrestricted	Strathalbyn
10	Clare Valley Dressage Club	Closed Unrestricted	Clare
17	Southern Flinders Dressage Club	Closed unrestricted	Murray Town
17	Southern Vales Dressage Club	FEI, Competitive, Participant, Closed Unrestricted	Aldinga
<b>23 - 25</b>	<b>Dressage and Jumping with the Stars</b>	<b>Victoria</b>	<b>Interstate Competition</b>
23	South Eastern Dressage Association	Crater, Caves and Coast Series	Mount Gambier
23	Mt Crawford Dressage Club	Closed Unrestricted	Mt Crawford
24	Mid South East Dressage Club	Activity day	Naracoorte
31	Dressage Club of South Australia	Competitive / FEI	<b>TBC</b>

## APRIL

<b>TBA</b>	<b>Victorian Youth Dressage Champs+CDI-Y Werribee, Victoria</b>		<b>Interstate Competition</b>
6	Adelaide Hills Dressage Club	Protocol Day	Strathalbyn
7	Adelaide Hills Dressage Club	Competitive, Participant, Closed Unrestricted	Strathalbyn
6	Southern Flinders Dressage Club	Masters Games	Murray Town
6	South Eastern Dressage Association	Crater, Caves & Coast Series	Mount Gambier
7	Southern Flinders Dressage Club	Masters Games	Murray Town
7	South Australian Dressage Association	Club Day	Trinity Grounds, Evanston Sth
<b>TBA</b>	<b>State IS Championships</b>	<b>Vic</b>	<b>Interstate Competition</b>
<b>13-14 TBC</b>	<b>South Australian Dressage Champs</b>	<b>All EA levels, FEI, Youth, Pony, Adult Amateur Owner-Rider</b>	
	<b>Results from this event count towards State Squad Selection, and ESA Awards</b>		
7	Mid South East Dressage Club	Crater, Caves & Coast Series	Mount Gambier
14	Clare Valley Dressage Club	Closed Unrestricted	
21	Southern Vales Dressage Club	Club Champs	
27	Mt Crawford Dressage Club	Club Champs: Closed Unres / Competitive / FEI Small Tour	Mt Crawford

## MAY

<b>TBA</b>	<b>Sydney CDI</b>	<b>3*, CDI-Y, CDI-U25 - SIEC NSW</b>	<b>Interstate Competition</b>
5	South Australian Dressage Association	Club day – Anne Smith Coaching	Trinity Grounds, Evanston Sth
5	Adelaide Hills Dressage Club	Club Championships	Strathalbyn
5	South Eastern Dressage Association	South Eastern Showdown Round 2 - Unofficial	Mount Gambier
11-12	Clare Valley Dressage Club	Instruction / Competitive	
11	Mt Crawford Dressage Club	Closed Unrestricted	Mt Crawford
19	Southern Vales Dressage Club	Competitive / Participation / Closed Unrestricted	Aldinga
19	Southern Flinders Dressage Club	Closed Unrestricted, combined training	Murray Town
25-26	Mt Crawford Dressage Club	Autumn Festival	
		Comp / Participation / Closed Unres / FEI / Interschool/PARA Round 2 Triple Crown	Mt Crawford
	<b>Results from this event count towards State Squad Selection and ESA Awards</b>		
26	Mid South East Dressage Club	South East Showdown Round 3 - Official Winter Series Round 2	Naracoorte

Dates and venues are at times subject to change so please confirm with the clubs' website for updates.  
The calendar is current at the time of publication.

## JUNE

2	South Australian Dressage Association	Club Day	Trinity Grounds, Evanston Sth
9	Adelaide Hills Dressage Club	Competitive / Participation / FEI/ Closed Unrestricted	Strathalbyn
9	Clare Valley Dressage Club	Round 1 winter series 1	
15	Mt Crawford Dressage Club	Closed Unrestricted	Mt Crawford
16	South Eastern Dressage Association	Club Day	
16	Southern Flinders Dressage Club	Competitive/Participation, 1 <sup>st</sup> round Winter Series	Murray Town
<b>TBA</b>	<b>Boneo CDI</b>	<b>Boneo, VIC</b>	<b>Interstate Competition</b>
16	Southern Vales Dressage Club	Closed Unrestricted	Aldinga
23	Mid South East Dressage Club	Winter Series Round 3	
22-23	Dressage Club of South Australia	Indoor Comp – FEI / Competitive	TBA
30	South Australian Dressage Association	Coaching	TBA

## JULY

7	South Australian Dressage Association	Club Day	NEC Indoor Arena
7	South Eastern Dressage Association	South Eastern Showdown Round 4 - Official	Argent Rd, Penfield
14	Adelaide Hills Dressage Club	Closed Unrestricted	Mount Gambier
14	Clare Valley Dressage Club	Round 2 Winter series	Strathalbyn
<b>TBC</b>	<b>Brisbane CDIW+CDIY</b>	<b>Qld</b>	<b>Interstate Competition</b>
20	Mt Crawford Dressage Club	Closed Unrestricted MDCD Grounds	
21	Southern Flinders Dressage Club	Closed Unrestricted Winter series rnd 2	Murray Town
<b>TBC</b>	<b>Australian National Young Rider Champs</b>	<b>Qld -Caboolture</b>	<b>Interstate Competition</b>
21	Southern Vales Dressage Club	Indoor- Medium to FEI McLaren Park	
	<b>Results count towards SA State Squad Selection and awards</b>		
28	Mid South East Dressage Club	Activity day	Naracoorte
28	Southern Vales Dressage Club	Protocol Day	
28	South Australian Dressage Association	Coaching	NEC Indoor Arena
			Argent Rd, Penfield

## AUGUST

4	South Australian Dressage Association	Club Day/Freestyle	NEC Indoor Arena
11	South Eastern Dressage Association	Club Day / Clinic	Argent Rd, Penfield
11	Adelaide Hills Dressage Club	Competitive / Participation / Closed Unrestricted + <b>PARA</b>	Mount Gambier
<b>TBC</b>	Dressage Champs – Darwin	<b>Northern Territory</b>	Strathalbyn
11	Clare Valley Dressage Club	Round 3 Winter series	Clare
18	Southern Flinders Dressage Club	Competitive Participant Winter Series Round 3	Murray Town
18	Southern Vales Dressage Club	Competitive / Participation / Closed Unrestricted	Aldinga
25	Mid South East Dressage Club	Activity Day	Naracoorte

## SEPTEMBER

<b>TBC</b>	<b>NSW Dressage Champs</b>		
1	South Australian Dressage Association	Club Day with coaching	Trinity Grounds, Evanston Sth
8	Clare Valley Dressage Club	Closed Unrestricted	Clare
8	Adelaide Hills Dressage Club	Closed Unrestricted / Golden Oldies	Strathalbyn
8	South Eastern Dressage Association	Club Day	
14	Mt Crawford Dressage Club	Club Closed Unrestricted	Mt Crawford
15	Southern Flinders Dressage Club	Closed Unrestricted	
15	Southern Vales Dressage Club	Competitive / Participation/ FEI / Closed Unrestricted	Aldinga
	<b>Results from this event count towards SA State Squad Selection, and ESA Annual Awards</b>		
21 - 22	Mid South East Dressage Club	<b>SA Country Dressage Champs</b>	
		Competitive, FEI, YR, Interscholar, Pony JNR, TBA	Naracoorte
	<b>Results from this event count towards SA State Squad Selection, and ESA Annual Awards</b>		
29	Dressage Club of South Australia	Competitive / FEI	TBC

## OCTOBER

6	South Australian Dressage Association	Club Day	Trinity Grounds, Evanston Sth
<b>TBC</b>	Kingston Show	Dressage Classes	
<b>TBC</b>	Mil-Lel Ag Show	Dressage Classes	
<b>12 - 13</b>	<b>Adelaide Hills Dressage Club</b>	<b>Spring Festival</b>	
		<b>Competitive / FEI / Young Horse</b>	<b>Strathalbyn</b>
	<b>Results from this event count towards State Squad Selection and ESA Awards</b>		
13	Clare Valley	TBA	
20	Southern Vales Dressage Club	Club Championships - Closed Unrestricted	Aldinga
20	Southern Flinders Dressage Club	Closed Unrestricted Club Champs	Murray Town
20	Naracoorte Show	Dressage classes	Naracoorte
<b>TBC</b>	<b>Australian National Dressage Championships and CDIW</b>		<b>Interstate Competition</b>
	<b>Results from this event count towards State Squad Selection and ESA Awards</b>		
26	Mt Crawford Dressage Club	Competitive / Closed Unrestricted	Mt Crawford
27	Dressage Club of South Australia	Competitive / Participation / FEI	

Dates and venues are at times subject to change so please confirm with the clubs' website for updates.  
The calendar is current at the time of publication.

## NOVEMBER

TBA	Millicent Show Society	Competitive / Participation	Millicent
3	South Australian Dressage Association	Club day with coaching	Trinity Grounds, Evanston Sth
9	Mt Crawford Dressage Club	Closed Unrestricted	Mt Crawford
10	Adelaide Hills Dressage Club	Closed Unrestricted	Strathalbyn
10	Clare Valley	TBA	
14 - 17	<b>Australian International 3 Day Event</b>	<b>Adelaide</b>	
10	South Eastern Dressage Association	Club Day / Clinic	Mount Gambier
10	Southern Flinders Dressage Club	Closed Unrestricted	Murray Town
23	Mt Crawford Dressage Club	Competitive / Participation / FEI / <b>Young Horse</b>	
		<b>Round 3 Triple Crown</b>	Mt Crawford
		<b>Results from this event count towards State Squad Selection and ESA Awards 2</b>	
4	Dressage Club of South Australia	Competitive / Participation / FEI / YH	Mt Crawford
24	Southern Vales Dressage Club	Closed Unrestricted	Aldinga
24	Mid South East Dressage Club	Activity Day	Naracoorte

## DECEMBER

1	South Australian Dressage Association	Closed Restricted – Club Championships	Trinity Grounds, Evanston Sth
1	Mid South East Dressage Club	Christmas Party	Naracoorte
TBC	Victorian Dressage Festival	<b>Interstate Competition</b>	<b>Victoria</b>
		<b>Results from this event count towards SA State Squad Selection</b>	
7	Mt Crawford Dressage Club	Closed Unrestricted	Mt Crawford
8	South Eastern Dressage Association	Club Day Mount Gambier	
8	Adelaide Hills Dressage Club	Competitive / Participation / Closed Unrestricted	Strathalbyn
8	Southern Flinders Dressage Club	Closed Unrestricted	Murray Town
15	Southern Vales Dressage Club	Competitive / Participation / Closed Unrestricted / <b>Young Horse</b>	Aldinga

## Swabbing

*By Bronwyn Gillott (FEI Level 2 Steward – Eventing)*

Swabbing is the informal name for Medication Control Procedure (MCP) for EA or Equine Anti Doping Medication Control Procedure (EADMCP) for FEI. I thought it might be useful to give the uninitiated an overview of the rationale for swabbing and what is involved in the procedure.

Horse welfare and ensuring a fair competition are the two main reasons swabbing is undertaken. Horses may be swabbed at any EA or FEI dressage event. Selection is at random from all competitors or place-getters or targeted in the case of horse / s the Ground Jury consider warrant testing. Swabbing make be done at any time during an event, although it usually takes place immediately after the completion of a test or prize-giving ceremony.

A Swabbing Steward will notify the rider of their horse's selection. Refusal to submit the horse to testing may incur disqualification from the competition. From this point onwards the rider is known as the "Person Responsible" and must stay with the horse and actively witness the entire swabbing process. If the rider is not able to remain with the horse or if they are under 18 there is provision for an alternate Person Responsible to be nominated. The Swabbing Steward will accompany the horse and Person Responsible at all times after notification.

The horse may be untacked, hosed down and given a drink before proceeding to the swabbing box. The horse is identified by the vet. The swabbing kit is opened in front of the Person Responsible and they are asked to check the integrity of its contents. The Swabbing Steward or vet then performs the urine collection. A horse can be held for a maximum period of 30 minutes for this. Six blood samples are then collected by the vet. Throughout these procedures it is imperative that the Person Responsible watches carefully, both as the samples are being collected and when they are being sealed and packaged for dispatch to the laboratory.

This is just a brief overview of swabbing but I hope it gives an idea of what goes on. If you would like to know more, you can find all the information you need at:

<http://www.equestrian.org.au/medication-control>.

**Bronwyn Gillott**

FEI Level 2 Eventing Steward

EA Eventing, Jumping and Dressage Steward and FEI Testing Technician

EA Medication Control Steward





## DSA Dressage Judges' Sub-Committee: Dressage Activities Update

### September 2018

Two upcoming events are planned for the Dressage Judges calendar. These events are open to anyone interested who wants to come along. Riders from all disciplines are very welcome!

### Saturday 3<sup>rd</sup> November

**Susie Hoevenaars** will present the A / B judges seminar (a workshop for judges of any other level). Registration is at 8:30 am for a 9:00 am start with theory at the ESA Office, Cameron St Mt Barker. The practical session starts at 1:00pm at Tilling Hill, Berry's Road, Echunga. This event is free of charge to all judges and coaches, \$10 for others. We are fortunate to have this opportunity with Susie who is an FEI 4\* International Judge and Judge Educator and recently judged at WEG in Tyron, USA.

### Friday 30<sup>th</sup> November:

**How and why Dressage training improves every discipline, presented by Martin Plewa.** This event will be held at McLaren Park Equestrian Centre, Foggos Road, McLaren Flat and opens at 5:00 pm for a 6:00 pm start (9:30 pm finish). Martin Plewa will discuss and demonstrate how and why dressage training can improve all disciplines, including use of poles and jumps. Martin is one of the most highly qualified dressage trainers to come to Australia. This evening will count as a workshop for all judges and for coach accreditation. Cost: \$20 for EA judges and Coaches, \$30 for others.

**Dr Helen Davies** (BVSc, PhD, Assoc Prof, University of Melbourne) gave a fascinating lecture on Friday 21<sup>st</sup> September, describing from an anatomical perspective how the horse's head and neck position are influenced by the connections between limbs and ligaments, and vice versa. Helen has kindly allowed her notes for the lecture to be published and they are in this issue of Moving Forward. However it was great to hear Helen first-hand as her diagrams and videos told more than 1000 words and gave great insight into the basis of a horse's movement.

See page 8 of this issue for a transcript from Helen's lecture.

*Liz Duncan*

Chair, DSA Judges Sub-Committee

[e.duncan@bigpond.net.au](mailto:e.duncan@bigpond.net.au)

- 3 November: A & B Judges' Seminar with Susie Hoevenaars (ESA office for the morning session, Tilling Hill (Echunga) for the afternoon session).

**Enquiries: Liz Duncan** [e.duncan@bigpond.net.au](mailto:e.duncan@bigpond.net.au)

## 2018 CLINIC CALENDAR

### OCTOBER

26 - 28	Thomas Muehlenbeck	Charlotte Balfour-Rischbieth <b>0402 489 944</b>
28 - 29	Ron Paterson	Karin Edwards <a href="mailto:claselec@bold.net.au">claselec@bold.net.au</a>

### NOVEMBER

16 - 18	Thomas Muehlenbeck	Charlotte Balfour-Rischbieth <b>0402 489 944</b>
20 - 22	Manuela McLean	Nicki Stuart <b>8389 3028</b> <a href="mailto:nicki@kersbrookequestrian.com.au">nicki@kersbrookequestrian.com.au</a>

### DECEMBER

11 - 16	Thomas Muehlenbeck	Charlotte Balfour-Rischbieth <b>0402 489 944</b>
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### Manuela McLean - Three Day Clinic – November 20, 21 and 22 at Kersbrook Equestrian Centre

Applying Equitation Science, Horse and Rider Biomechanics to optimise all facets of horse riding and training. Improve your skills, competition performance, confidence and relationship with your horse. After school Young Rider times are available. This is a clinic for all levels. Spectators are welcome.

**Enquiries - P: 8389 3028**    **E: [nicki@kersbrookequestrian.com.au](mailto:nicki@kersbrookequestrian.com.au)**

# Head And Neck Position In The Horse And In The Rider

Assoc. Prof. Helen M S Davies  
The University of Melbourne.  
September 2018

In order to move, horses must be able to support, balance, and propel themselves. The forelimbs act as supporting struts and the hindlimbs as levers that can propel the horse forwards, sideways, or upwards. Balance comes from reflexes that respond to changes by stimulating or inhibiting specific muscles that maintain particular postures or movement patterns.

From birth, horses are so well-connected throughout their bodies that movements of the limbs create consistent movements in the head and neck that are independent of any muscle input; rather, the extensive connective tissue network throughout the body enables these changes in head and neck position. Hence, the transit time for information about movements to reach the brain from the body is minimised because it only has to travel between the neck and the brain.

In other words, horses are born with a well-connected body on a predominantly self-balancing, 4-legged support which they apparently learn to control by moving the head and neck. Therefore, *a person controlling the horse's head and / or neck controls the horse's body.*

## Influence of the limbs on head and neck position

Mechanically, the limbs 'drive' the head and neck when the horse is in balance, comfortable in his body and emotionally stable and when the rider is not interfering too much. In that state, the forward swing of the **forelimb** causes head flexion, while the rearward swing causes head extension.

**Hindlimb** movements have more complex effects, as they are integrated with whole-body posture. When the hindlimbs 'engage' correctly and support the rider, the horse becomes 'light' and rises in front of the saddle as the vertebrae in the lower part of the neck take up a posture of *flexion*. This posture stretches the laminar (sheet-like) part of the nuchal ligament, which further supports the whole horse via its spinal connections. This posture is the most efficient and well-balanced way for a horse to move, both independently and with a rider.

This mechanical connectivity provides a direct means by which the rider's seat and weight can influence the relationship between the movements of the hindlimbs and the position of the head and neck. This dynamic may be felt by the rider when the horse 'comes between the leg and hand' or 'goes in front of the leg' - both expressions of this connectivity in action. In addition, there are specific relationships between lateral bending movements in the back and the postures of the head and neck which a skilled and balanced rider may use to optimise movement.

## Influence of head and neck position on the limbs

*These mechanical connections do not work in reverse.* Even extreme movements of the head and neck (eg. rollkur) can be made without necessarily affecting body position and balance. (One exception is the forelimb extension that occurs in suckling foals when the foal's head and neck are held in a very extended position to reach the udder.)

Instead, the normal head and neck movements affect a range of *postural reflexes* in the back and limbs that the horse learns to use and adapt in order to sustain balance and enact various movement patterns. In this regard, the horse's head and neck may be likened to the rider of a bicycle.

Horses have direct voluntary control of their bodies down to the base of the neck. In comparison, humans have that level of fine control all the way to our toes. It is therefore much easier for a horse to learn to balance and move than it is for a human, partly because there is less interference from voluntary movements, but also because the horse's body is so strongly and extensively connected, and it is supported by four limbs instead of two.

As an example of these postural reflexes in action, head and neck posture directly affects the tone in the flexor and extensor muscles, and therefore limb movement, in the forelimbs and hindlimbs. Extension of the head causes reflex hindlimb extension and flexion of the neck causes reflex forelimb flexion; and flexion of the head or extension of the neck does the opposite. In other words, ***forelimbs follow neck posture, and hindlimbs follow head posture.*** These are postural reflexes - neurological connections - rather than mechanical connections. There are many more reflexes that help to maintain movement patterns and balance.

## Influence of the rider

The rider can learn to initiate and focus specific reflexes (especially the kicking reflex) in horses  $\frac{3}{4}$  but this is possible only when the rider has sufficient balance, 'feel', and emotional control to use their body as an instrument to engage with these mechanical connections, as well as years of practice in understanding how to manage their own body and the effects of their aids.

Anything that interferes with the mechanical relationship between the horse's limbs and the head and neck will interfere with balance and movement control. Such interference can stem from unbalanced or inappropriate movements or aids from the rider, as well as from the horse, such as stiffness or pain anywhere. Thus, teaching a horse to stretch into their neck while maintaining self-carriage is often a useful start to training or retraining, as inefficient use of the neck will cause difficulties in maintaining balance and hence soundness.

Anything that causes the horse pain or fear, and any lack of balance or difficulties with movement, will result in excess tension in the head and neck, and therefore will interfere with balance and movement. Thus, 'control the head / neck, control the horse' can work for good or ill, depending on the rider.

A steady and 'giving' hand is necessary to avoid restricting the horse's own control of their balance and movement. Of course, it is necessary to temporarily restrict the head and neck in order to control an unruly horse, but understand that it is likely to cause more problems in the long run. Such restriction necessarily interferes with the nuances of communication that are possible between the rider and a calm, well-balanced horse who trusts and respects their rider.

Assoc. Prof. Helen M S Davies





# Southern Flinders Dressage Club

[southernflindersdressageclub.wordpress.com](http://southernflindersdressageclub.wordpress.com)

[southernflindersdc@hotmail.com.au](mailto:southernflindersdc@hotmail.com.au)

**President:**

Diane Sims

**Secretary:**

**Ali Kirkman**

**PO BOX 11**

**CALTOWIE SA 5490**

**0487 518 832**

**Treasurer:**

Lynn Greenfield

**Website:**

Merryn Plug-Berndt

**Canteen Manager:**

Molly Gill

**HRCav Coordinator:**

Ali Kirkman

**General Committee:**

Kathryn Scott

Molly Gill

Louisa Berndt

Merryn Plug Berndt

Amelia Greenfield

Katherine Laughton

Trudy Mudge



Find us on:  
**facebook®**

SFDC is run from Murray  
Town Oval.

Murray Town is located in  
the Southern Flinders  
Ranges, 12km south of  
Melrose.

Spring has to be my favourite season. The longer days are a novelty, its so nice to be feeding up in daylight hours again! A little bit more rain wouldn't go astray though. It feels like we've skipped straight into summer here up north.



Our new jumps got a work out at our September Combined Training Rally. Due to the weather and scratchings we only had a small number of riders but they definitely put them to use, ranging from poles through to 90cms. Everyone is looking forward to more jumping events in 2019!

Due to the change in our membership year, our **Club Championships held on October 21st** will be the last comp of the 2017-2018 season for SFDC. Our High Point Awards are also presented at the Club Champs.

In preparation for the 2019 Come See Masters Games (6th -7th April) we will be running an Unofficial Hack Show on November 11th to test out our Masters program.

~Ali Kirkman  
SFDC Secretary

## **2018 Calendar**

21st October: **Club Championships**

11th November: Unofficial Hack Show

9th December: Unofficial Xmas Competition



# Southern Flinders Dressage Club

## Winter Series Round 3 ~ 19th August 2018

Top L: Amelia Greenfield & Freedom Flight. Middle L: Kathryn Scott & Ranger.

Bottom L: Ali Kirkman & Clayton Savanna. Top R: Sarah Scott & Tornado.

Bottom R: Katherine Laughton & Flying R Shakira





# Southern Flinders Dressage Club

southernflindersdressageclub.wordpress.com

## Competitor/Participant & Official HRCav Entry Form

Official EA and HRCav Competition open to EA/HRCav riders. 1 form per rider

**\*\*Official HRCav entries must enter using the HRCav Form available on our website or [hrcav.com.au](http://hrcav.com.au)\*\***

**Date of competition:** \_\_\_\_\_

Entries to be in by the Monday prior to the competition date. Late entries may be accepted (\$15 fee and conditions apply)

**EA Tests available:** Prep D | Prep E | 1.1 | 1.2 | 2.1 | 2.2 | 3.1 | 3.2 | 4.1 | 4.2 *higher tests on request*

**HRCav Tests available:** 5.2 | 5.4 | 4.2 | 4.4 | 3.2 | 3.4 | 2.2 | 2.4 *higher tests on request*

*Pony dressage available for all tests*

*Para tests available on request*

For insurance reasons, it is a condition of entry that the competitor is a member of SFDC and/or EA and/or HRCav.

<b>Are you a current member of Southern Flinders Dressage Club?</b>	Yes	No	<b>Member No:</b>
<b>Are you a current member of EA?</b>	Yes	No	<b>Member No:</b> <b>AOR? Y / N</b>
<b>Are you a current member of HRCav?</b>	Yes	<b>You must enter using the Official HRCav Form</b>	

**Junior SFDC:** \$10.00 per test

**Senior SFDC:** \$15.00 per test

**Non-SFDC:** \$20.00 per test

Non-SFDC EA & HRCav members must send a photo/scan of current membership card with entries.

**Stallion?** Yes ☐ Stallion must be under control at all times or will be asked to leave. Handler must be 18 years or over.

**Conditions of Entry:** The competition will be governed by the EA & HRCav Rules for Dressage. Neither the Organising Committee of any competition to which these rules apply nor EA nor HRCav accepts any liability for any accident, damage, illness to horses, owners, riders, grounds, spectators or any other person or property whatsoever. I have read and accept the complete conditions of entry for this event.

<b>Name:</b>				<b>D.O.B:</b>	
<b>Address:</b>					
<b>Email:</b>					
<b>Phone:</b>					<b>Pony Dressage?</b> Yes No
<b>Emergency contact:</b>				<b>Phone:</b>	
<b>Ambulance cover?</b> Yes No		<b>Do you have any medical conditions we should know about?</b> Yes No			
<b>If yes, please provide details on the back of this form.</b>					
<b>If you have regular lessons with a judge, please supply name here:</b>					
<i>Maximum 3 tests per horse permitted for SFDC &amp; EA riders. Maximum 4 tests per horse permitted for HRCav riders</i>					
<b>Horse's name:</b>				<b>Age:</b>	
<b>Bridle number:</b>			<b>PIC number:</b>		
<b>Tests:</b>	1)	2)	3)	4)	
<b>Horse's name:</b>				<b>Age:</b>	
<b>Bridle number:</b>			<b>PIC number:</b>		
<b>Tests:</b>	1)	2)	3)	4)	
Payment receipt must accompany entries: please reference surname. Deposits and cheques payable to: Southern Flinders Dressage Club <b>ANZ Bank BSB 015-693 Acct No: 4604 362 78</b>			<b>Total test entry fees</b>		\$
			<b>Yard Fee:</b> ____ x \$5ea.		\$
			<b>Late Fee:</b> \$15		\$
			<b>Club Levies</b> \$7 per horse		\$
Email entries to: <a href="mailto:southernflindersdc@hotmail.com.au">southernflindersdc@hotmail.com.au</a>  or post to: Ali Kirkman PO BOX 11 Caltowie SA 5490 (allow 7 – 10 days for post to arrive)			<b>EA Judges Levy:</b>		\$ 4.00
			<b>Total Fees:</b>		\$
			Signature: ..... Parent/guardian to sign if rider is under 18.		



# Mt Crawford Dressage Club

## From The Committee



Dressage in SA is front and central at the moment: all the Clubs are forging ahead with their Spring Dressage Calendars with great enthusiasm and commitment - MCDC is no exception.

Congratulations to these riders and to all others who braved the elements and turned out to support



## THIS ISSUE

- \* From the Committee
- \* Up Coming Competitions
- \* Training Days

## UPCOMING EVENTS

### Competitions

Oct 27th - Competitive,  
Participant/Para/CUR  
Nov 10th - CUR & eventing tests  
Nov 24th - **Triple Crown Final** FEI/  
Competitive/CUR  
Dec 8th - CUR

### 2019

Jan 19th - FEI, Competitive,  
Participant & CUR  
Feb 16th - Dressage @ Dawn &  
Dusk

### Training Days

Oct 6th - Lucy Williams  
Nov 3rd - Denise Rofe

***All Entries via Nominate***

After a short winter break with no competition in August we were back with our annual Charity Day: this month supporting the "Alana and Madeline Foundation" with the colour purple. Despite the fact that we almost had four seasons in one day with blue skies, hail and cold winds, there was a good turnout and not an easy task for this year's colour parade judge Shelley

our cause. As a new concept this year IAG will be matching our donations dollar for dollar. Donations can still be made online and some of you may have flyers attached to your test sheets with the link to do this.

We now have a new addition to the club clothing range: stylish wind and shower-proof jackets with the club logo on the front and back. These are available to order for \$85 and those Committee members modelling them on Saturday were certainly appreciative of the warmth they provided.



Arnold, who eventually chose Kathleen Dalitz as the Senior winner, Faith Martin as the Junior and a special prize for Renee and Tiana Jenke with their bride and groom pair of horses.





## CONTACT US

### Via Facebook:

Mt Crawford Dressage Club

### Email address:

mcdcdrawsec@gmail.com

### Postal Address:

PO Box 568

BIRDWOOD SA 5234

## 17/18 COMMITTEE

President: Veronica Hannam

0414 508 783

Vice Pres.: Caroline Dear

Treasurer: Craig Hannam

Secretary: Tori Watkin

Chris Kelly

Jacquie Selles

Julie Hobson

Kaitlin Petney

Kass Dalitz

Shelley Arnold

Tina Grech

## LIFE MEMBERS

Jane Bush (Patron)

Chris Hill

Lily McKenzie-Smith

Bill Henderson

Veronica Hannam

## SUB-COMMITTEES

- \* Training Days
- \* Major Events
- \* Policies & Procedures
- \* Strategic Planning



Grounds improvements continue and we now have a rubber surface in Arena 4 as well as Arena 1. There are also now arena markers in the warmup area for use at competitions and training days.

Further plans are in the pipeline and we will keep you updated as they come to fruition. Watch this space!

We are very lucky in this State to have such a fabulous group of clubs operating for the benefit of competitors at all levels. It would be wonderful if we can all stick together as an equestrian community, enjoying our riding and / or volunteering. We can only hope that this approach will keep Dressage in a healthy position in SA, while the "powers that be" sort out the future of the overall administration of Dressage.

## Upcoming Competitions

### OCTOBER COMPETITION - 27<sup>th</sup> October

This is the first day of a weekend of Competitive Competition at the Mt Crawford Grounds and our first larger event for the Spring / Summer season. It will be a Pryde's EasiFeed AOR Competition for Preliminary and Novice riders with magnificent Rosettes and Bags of Feed as prizes.



We will also be running some Para and Participant tests and on this day our AGM, which will be held at lunchtime. We would appreciate the attendance of as many members as possible even if you aren't riding on the day.

### NOVEMBER CUR COMPETITION / INAUGURAL MCDC CUR RIDER TOURNAMENT - 10<sup>th</sup> November

On this day, we are holding our first *MCDC Rider Tournament* which is an exciting initiative of the Major Events Sub-Committee. The Competition at each level will be held over two EA tests – the first will be judged as per normal and the second on the rider only. We will also be holding Eventing Tests in the lead-up to the AIHT which is being held on the following weekend. These tests were very popular last year, with quite a few riders competing with us at our CUR Comp and then scoring very well in the Dressage Phase at the Horse Trials the week after.





## NOVEMBER COMPETITION 24<sup>th</sup> November

### *Triple Crown* **Final**

This is also the first day of another two days of Official Competition at our grounds and the final round of the **Triple Crown Challenge**. There will be bonus points on offer for the TCC competitors, with five points being awarded for scores over 65% achieved in the "3" test at each level.

It is a Selection Event for the State Dressage Squads and results also count towards the ESA Annual Awards.

As usual for this event there will be Interstate Judges officiating ... Sue Lamont, Judy Quinn and Fiona Normand will join our Team of local judges to form a very experienced and well qualified Judging Panel and our caterers Fair and Sweet will be on hand to provide delicious food and refreshments.



## DECEMBER CUR COMPETITION / **FREESTYLE DAY** 8<sup>th</sup> December

This is our final competition for the year and is unique and great fun, as we offer both Freestyle and MCDC Pairs Tests. For those serious Dawn and Dusk / Triple Crown Competitors, this is an excellent opportunity to practice your Freestyles and for everyone else, having a go at a Freestyle can be very rewarding. The choice of music is yours, you design the choreography yourself and if you bop along to the likes of Madonna, the Beatles or Bach, we can guarantee that your horse will too.

## Training Days

We would like to welcome all the new members who have joined MCDC and entered the training days in the past few months, in addition to all our regular riders for supporting the days.

The August Training Day with Kirsty Van Loon was held at the



Kersbrook Equestrian Centre. Despite the weather being very cold and wet, we ended up having reasonable number attend and

there were no scratchings. We offered both Private and Group lessons, and a few people took the option to have a group lesson first and a private lesson second. We had some great feedback for the day, so we hope to get Kirsty back again next year.

The September Training Day was with Lynda Smith at the very cold and damp MCDC grounds. Although we opened up lessons for both Flatwork and Gridwork, we only had three gridwork lessons booked, so we decided to only run Flatwork lessons. We filled four lessons for the day with only one scratching, and it was great that most people braved the cold, wet weather to attend.

Again, Lynda was very popular and her experience with young horses really shone through.



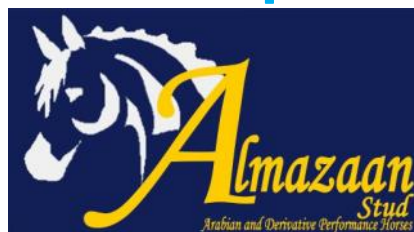
Future training days booked are Lucy Williams on the 6<sup>th</sup> of October (which is already booked out) and Denise Rofe on the 3<sup>rd</sup> of November. We will also be inviting Wendy Barker (and possibly another judge / instructor) to again instruct at the February Training day, the day after the Dawn and Dusk event.

# Thank you to all our Sponsors

## Event Sponsor



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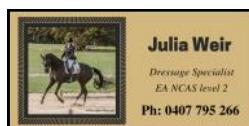
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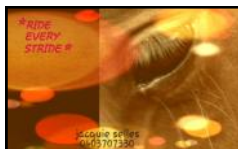
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Dressage Specialist  
EA NCAS level 2

Ph: 0407 795 266



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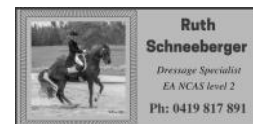
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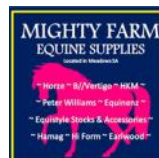


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## Adelaide Hills Dressage Club

**PRESIDENT:** Wendy Brown 8388 8105  
twymbrown@msn.com

**VICE PRESIDENT:** Cathy Kluske 0400 289 481  
ahdclub@gmail.com

**SECRETARY / TREASURER:** Sally Wells  
0429 190 653  
wellsy1964@bigpond.com  
PO Box 1406, Nairne SA 5252

**DRAW SECRETARY:** Cathy Kluske 0400 289 481  
ahdclub@gmail.com

**PENCILLER COORDINATOR:** Geraldine Fenner  
8537 5217

### COMMITTEE MEMBERS

Jo Cullen	8536 0082
Camille Houston	0403 802 738
Vicki Clark	0411 969 679
Janene Clark	0417 860 089
Leslie Price	0419 861 435
Mel Johnson	0428 187 566
Wendy Stephenson (Abrahart)	0401 710 419

### PATRONESS

Mrs Erica Taylor

### LIFE MEMBERS

Mr Bernie Biggs	Mrs Wendy Brown
Mrs Penny Heighes	Mrs Nancy Gower (dec)
Mr Peter Fawcett (dec)	Mrs Judy Brooks
Ms Jane Richards	Mr Noel Vears
Ms Ann Kitto (dec)	

## President's Report

Hi everyone

It's been a very busy time with this year's Spring Dressage Festival arrangements in full swing.

We have had requests from five Judge candidates wanting to up-grade. Four will be shadow judging and one will be doing an exam with Sue Cunningham as JE and Jane Ventura as mentor (both highly accredited judges from Interstate). A huge thank you must also go to Rai Walla and Sue Thornley for assisting by mentoring two people each over the weekend. Good luck to the candidates: we wish you all success as we certainly need more qualified judges coming through.

Sponsorship for the Springs has not been as strong this year. Times are getting tough and the drought hasn't helped. However, we are so grateful to the loyal sponsors who have continued their support and a few new ones for coming on board. HORSELAND MT BARKER is our Elite Sponsor this year, covering the Prelim and Elementary classes, Champions with rugs plus some smaller prizes, competitor bags, discount vouchers and gifts. PLEASE - Competitors - show your gratitude and support our generous sponsors otherwise we may lose their support in the future. Just a phone call, email or return the slip provided in the prize winners envelopes to the appropriate sponsor and show your appreciation.

On a good note the "Golden Oldies" Competition held in September was enjoyed by those who participated due largely to the hard work and organizing by Rosemary Castle (in Robyn Stokes' absence). Thanks to Ned Wright who attended the presentation and celebrations. Proceeds go to the Lindy Wright Foundation award.

The Strath Showjumping Club Committee have been working on renovating several stables in the middle block and funded the cost. They are looking great and will make a huge difference. We offer our thanks for this contribution and also for funding the "Vertidrainage" on the grounds to improve the surface. Gypsum was also spread so with some watering we should see an improvement by October.

Members who attended the EA AGM on Sept 18<sup>th</sup> would know the sad situation of No Present State Dressage Committee. This could mean **No** State Dressage Championships next year unless some very caring, hardworking people volunteer.

Regards

*Wendy Brown*  
**AHDC President**

## AHDC HOTY, POTY & YOTY as at 30 September 2018

### Horse of the Year

1.	Belstone Flair	W Brown	72
2.	Inverugie Jasper	M Burnett	51
3.	Welflana	N Mashford	45
4.	Dubai	P Cromwell	44
5.	Akirah Ake Bono	L Finn	43
6.	Belstone Ferroak	C Johns	41
7.	Danson Dartagnion	N Cockburn	36
8.	Hillendale Leuka	C Frizell	35
9.	New World Winston	K Measroch	32
10.	Can-Do-Classic Brock	G Downey	30

### Youth of the Year

1.	The Velveteen Rabbit	E Tickner	74
2.	Tuxedo Cat	G Neuhaus	49
3.	Paulgren Park Pizzaz	B King	47
4.	Forthcoming	L Potter	38
5.	Fire and Magic	P Foulkes	37
6.	Northern Storm	J Smith	30
7.	Moonbah Ridge Adela	R Dunn	27
8.	Super Sammy	E Porter	25
9.	Lady Torrie	I Finn	24
10.	Bamborough Gossimer	S Potter	23
=	Promise R	M Nitschke	23

### Pony of the Year

1.	Helion	S Wells	97
2.	Kasperrado Kokomo	J Davenport	80
3.	Forestway Betwitched	E Rowlands	74
4.	Strathrose The Conman	J Cullen	43
5.	Ellangowan Flashdance	E Tickner	39
6.	Avondale Billy The Kid	T Lloyd	36
7.	Mouse Detective	F Hartwell	36
=	Strathrose Isabella	J Cullen	36
8.	Matitojo Brandavino	C Nitschke	28
9.	Ibn Ky Xquisit	K Menadue	22
10.	Windermere Gold Rush	R Koch	21

*The HoTY, PoTY and YoTY awards run from October to September (inclusive). The winners are calculated after the September competition and announced at the Spring Festival presentations in October.*

*The top six placegetters in each class receive points, when the percentages are 55% or greater. These points can be achieved in any competition and in any category, including unofficial Preparatory tests. Points are awarded for each unique Horse and Rider combination at each competition. Further details on our website under the "HoTY" tab.*

## Diary Dates

### **13 and 14 October - Horseland Mt Barker Spring Festival**

#### **Competitive, FEI, Pony Dressage, Freestyles, Participant classes**

- Tests: 2s and 3s
- Entries close Monday 3 September
- ENTRIES VIA NOMINATE

### **11 November - Closed Unrestricted**

- Tests: 1s and 2s
- Entries close Monday 29 October
- ENTRIES VIA NOMINATE

### **9 December - Competitive, Participant, Closed Unrestricted**

- Tests: 2s and 3s
- Entries close Monday 26 November
- ENTRIES VIA NOMINATE



**Please Support Our Generous Sponsors  
of the 2018 Spring Festival:  
*HORSELAND MT BARKER -  
our 2018 Spring Festival Elite Sponsor***

- ♦ Back On Track
- ♦ Battunga Physiotherapy
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- ♦ WOW Saddles

**AHDC competitions can now be entered via Nominate:  
[www.nominate.com.au](http://www.nominate.com.au)**



ahdc members \$19-  
non-members \$27-

yr/junior Member \$16-  
yr/junior non members \$22-

**Please tick the "Discount" boxes (under AHDC / EA membership question) for "discounts for Youth riders and AHDC members"**

**late entries now require additional fees**

**draw questions? text and LEAVE A MESSAGE: 0400 289 481 (not between 8 am and 4 pm weekdays)  
questions about how to enter on Nominate: Secretary: 0429 190 653 or [wellsy1964@bigpond.com](mailto:wellsy1964@bigpond.com)**



# Mid South East Dressage Club Incorporated



## 2018/2019 Committee

President: Kristy Boord  
Vice President: Lisa Hurrell  
Secretary: Karen Chisholm  
Treasurer: Linda Archer

### Committee:

Amanda Harrold  
Kristy de Bruin  
Naomi Barnes  
Trudi Hodge  
Helen Possingham

PO Box 922  
Naracoorte SA 5271

Email: [secretary@msedc.org.au](mailto:secretary@msedc.org.au)  
[www.msedc.org.au](http://www.msedc.org.au)  
MSEDC Facebook

## FROM THE COMMITTEE

A wet and cold July and August saw numbers down for our days, however Spring is now here and we anticipate our numbers to grow. Those who need to travel to Naracoorte for our days will appreciate the better weather.

The MSEDC Annual General Meeting held on 26 August resulted in an increased number of committee members. The Committee has been busy planning for 2019 and organising for the remainder of 2018.

A Special General Meeting was also held on 23 September to approve our new Constitution.

## AUGUST G & G DAY



A *Gymnastics and Geometry* day was held on our August day at the Naracoorte Hunt Pony Club grounds.

Pony Club riders joined in from 2pm and MSEDC members provided their assistance. Cold weather but a sunny environment.

## SEPTEMBER PROTOCOL DAY

Our 23 September day was a *Protocol Day* with A Level Judge Wendy Hunt providing feedback to riders undertaking tests of their choice from Prep to Advanced.

Two riders from Victoria attended and it was a great day for all.



On the evening before Wendy Hunt provided interested people with a *Show Horse Judges' Update* presentation during a dinner evening held in Naracoorte.

## MSEDC Going Nominate

MSEDC will be joining other clubs in doing entries through NOMINATE. Our account will be set up well before entries are due in December for our next big event in January 2019.

## Show Dressage in October

Dressage competitions are being run at this year's Naracoorte Show. Classes are on Sunday 14 October 2018 only. EA Closed Restricted and HRCav classes are being held.

Entry forms are in the Naracoorte Show book and on Naracoorte Show Facebook. Riders need to be a day member of the Naracoorte Show Society. MSEDC members have discounts on entries. Entries close 8 October.

## NOVEMBER ACTIVITY DAY

MSEDC is holding an Activity day on its November day. This gives members the opportunity to improve their skills by selecting what type of activities to do, such as arena experience and poles, in a supportive environment.



## SUE CHANDLER CLINIC NOVEMBER 24 & 25

MSEDC members will be able to take advantage of a clinic being held in our region at Linwood, Naracoorte.

Sue Chandler, EA NCAS Level 3 Dressage Coach, will be here for two days.

Enquiries to Amanda Lock: phone 0418 813 214

Email: [alocklinwood@bigpond.com](mailto:alocklinwood@bigpond.com)

## January 2019 Equine Extravaganza

Planning is well underway for the MSEDC EQUINE EXTRAVAGANZA on 26 & 27 January 2019.

A variety of lessons, clinics and protocol tests will be available over the weekend. Instructors are:

- ◆ Sue Chandler, EA NCAS L3 Dressage Coach - dressage lessons and poles
- ◆ Rebecca Ashton, EA L1 Dressage Coach & Pilates Instructor - dressage lessons and Pilates
- ◆ Anne Smith, EA NCAS L2 Dressage Coach - dressage lessons and protocol tests
- ◆ Jim Moore - horse handling
- ◆ Michele Meijer - working equitation
- ◆ Horse Bit Emporium - Bit Fitting
- ◆ HRCav Level Assessments

The Extravaganza will be run at the Polocrosse Club grounds at Hynam, 9km from Naracoorte – a beautiful venue with plenty of shade. Further information will be posted on the MSEDC website and our Facebook page.

MSEDC members are entitled to a discount on the package price.

The MSEDC membership year runs from: 1 November to 31 October each year.

# CLARE VALLEY DRESSAGE CLUB



The Clare Valley Dressage Club held its inaugural Winter Series this year, kicking off on the second weekend in June. An unusually mild Clare winter saw good entry numbers with 17 combinations entering the Winter Series from Preparatory through to Elementary. The surface was good for riding and not too damp underfoot.

Across the three rounds horses competed in two tests at their nominated level. The winners managed all six tests with very consistent riding. Unfortunately, the final round in August was postponed due to a 25mm downpour allowing the riders an extra month to polish their skills.

Some super scores were reported in the final round including a 75.429% from Joy Salter riding Lad in the Novice and a 71.571% achieved by Charlie Penna riding Dynamic Jazzabelle. Special mention must be given to Kirsty Stuart achieving over 80% in the two Novice tests. The Young Riders proved very competitive throughout the Winter Series with Phoebe Seneca achieving a 79.615% in the Preliminary.

The winners for the winter series are listed below:

Preparatory Champion:	Jane Wetherall riding Broughtonvale Royalty - Total score 367.921
Runner-up:	Lisa Nietschke riding Lex Iconic - Total Score 329.157
Preliminary Champion:	Phoebe Seneca riding Riverbelle - Total Score 409.458
Runner-up:	Michelle Reynolds riding Wadalee Obsession - Total Score 346.434
Novice Champion:	Joy Salter riding Lad - Total Score 395.254
Runner-up:	Hazel Roberts riding Alakazam - Total Score 290.069
Elementary Champion:	Joy Salter riding Lad - Total Score 177.576.

Thank you to **Eldredge Vineyard** for supporting the event with donations of wine for the winners and **Clare Valley Rural Supplies** for the generous donations of feed.

We can't wait to see competitors back for the 2019 Winter Series.







Top left: Chrissy Taylor riding **Lola**



Top right: Lisa Nietschke riding **Lex Iconic**



Bottom left: Brigita Prior riding **Victoria's Gift**



Bottom right: Leanne Skeers riding **Melane Sweet Whispers**





Top: Charlie Penna riding  
**Dynamic Jazzabelle**

Middle: Hazel Roberts riding **Alakazam**



Bottom: Tamara Welke riding **Kismet**





Jane Wetherall riding  
**Broughtonvale Royalty**



Deb Scammell riding  
**Broughtonvale Apache**



## Rider Profile: Phoebe Seneca

**Age:** 16 years old

**When did you start riding:**

I started riding when I was 9 so seven years ago.

**What /who was you first mount:**

My first mount was, Forestway Red Ruby, a 13.2hh chestnut New Forest Pony mare.

**What disciplines do you/ have you ridden:**

I have tried a bit of everything over the years I have been riding including eventing, show jumping, hunting, showing but keep falling back to my love of Dressage.

**Tell us about your riding career so far:**

My riding career began when I finally convinced my parents to allow me to have lessons at a local riding school, before we purchased my first horse Ruby.

With Ruby I started Pony Club and low level competitions. She wasn't a winner and that was the most valuable lesson to learn.

Through Pony Club I also got to explore the disciplines and found my love of dressage, I was drawn to the training of such elegant skills and how I could make my horse dance underneath me. As I moved on to more talented/ competitive horses I joined EA as there was more dressage opportunities on offer.

Throughout the years I have been blessed with the horses in my life from the ones I trained for others growing my knowledge and understanding and of course my own in which I have brought under saddle myself, trained from green and scored some nice results.

Throughout my career none of this would have been possible if it wasn't for my support crew including my wonderful parents, fantastic coaches and lovely peers who have taken me under their wing and inspired me to aim for where I wanted to be, each one held their belief in me and encouraged my aspirations.

My current horse, Riverbelle, has had many hours of training, and I now feel is ready to start competing competitively. As we continue to develop as a team and progress through the levels I am aiming to reach FEI levels and can't wait to see what the future brings.

**What are your most valued achievements?**

My most valued achievements would have to be competing at the PCASA National Championships and the EA Interschool National Championships.

**Future aspirations and goals?**

My future aspirations and goals are to compete at an FEI level, ultimately, one day to ride a Grand Prix test.

**Where do you see yourself in ten years?**

I would like to be continuing my riding career in Europe.

**What would your dream horse look like?**

A liver chestnut athletic Warmblood or Irish Sporthorse with Grand Prix potential.





**Phoebe and her current mount “Riverbelle”**

# CLARE VALLEY DRESSAGE CLUB



Event calendar subject to change due to pending EA approval and event planning constraints

## **2018/19 Events Calendar**

August 17<sup>th</sup>: Movie Night 'Mamma Mia' at the Blyth Cinema

September 9<sup>th</sup>: Closed Unrestricted Competition

October 12<sup>th</sup>/13<sup>th</sup>/14<sup>th</sup>: Club Trip to the Spring Champs

November 10<sup>th</sup>/11<sup>th</sup>: Protocol Day with Robyn Stokes (TBC)/Arena Familiarisation/Show horse prep/ Unofficial Comp

December 9<sup>th</sup>: Christmas Show – Freestyle Competition C/U Pas de Deux Unofficial Comp

January 13<sup>th</sup>: Twilight Unofficial Competition

February 9<sup>th</sup> (Sat): Twilight Official Competition

February 10<sup>th</sup>: Prue Folletta Clinic (TBC)

March 10<sup>th</sup>: Unofficial Competition

March 31<sup>st</sup>: Unofficial Competition

May 5<sup>th</sup>: Official Competition

June 2<sup>nd</sup>: Round 1 Winter Series

July 14<sup>th</sup> Round 2 Winter Series Official Competition

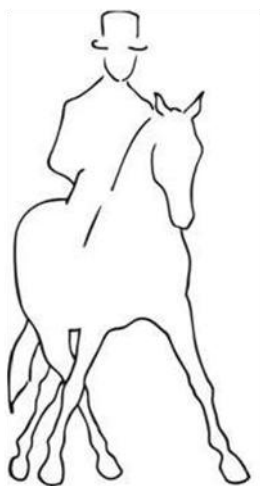
August 11<sup>th</sup>: Round 3 Winter Series

September 8<sup>th</sup>: Unofficial Competition

October 12<sup>th</sup>/13<sup>th</sup>: Club trip to Spring Champs

November 10<sup>th</sup>: Clinic TBC

December 8<sup>th</sup>: Christmas show - Freestyle Competition C/U Pas de Deux Unofficial Comp



## DRESSAGE CLUB OF SOUTH AUSTRALIA

### Dressage Club of SA Committee Report

#### UNOFFICIAL CLASSES AT ALL LEVELS

As well as our usual Competitive and Participation (official) classes, DCSA received Closed Restricted (unofficial) entries from Prep to FEI at our September dressage show.

Unofficial classes can also be used by riders wanting to try a test at a higher level but who may not be ready to ride competitively. Don't forget if you'd like to ride in the Closed Restricted classes, you will need a membership with DCSA (available from [nominate.com.au](http://nominate.com.au)).

#### OTT CLASSES

We ran our first ever dedicated Off The Track classes at our September show. With a number of entries and even more enquiries we will continue offering these classes at future events.

#### \$20 MEMBERSHIP SPECIAL

If you haven't yet joined DCSA as a member, we currently have a \$20 Membership special. This will allow those riders not yet members a concession for the second half of the membership year. This will run until the end of 2018. Look for our membership on [nominate.com.au](http://nominate.com.au).

#### NEW MEMBERSHIP CATEGORY

DCSA now has two membership categories: Volunteer Member and Non-Volunteer Member. This is to cater to riders who do not have the opportunity to volunteer at dressage shows but still want a membership with DCSA. Membership gives you cheaper dressage tests at \$20 for a test entry, compared with \$35.

Membership is through Nominate. Please look for the link on our Facebook page or go to [www.nominate.com.au](http://www.nominate.com.au) to join.

#### GROUND'S

Our September competition was held at the Onkaparinga Pony Club Grounds, in the Oakbank Racing Club's venue. We have received positive



feedback encouraging our use of this venue. DCSA's Grounds Sub-Committee will keep working towards a home base in a Central Hills location.

#### NEXT COMPETITIONS

Our upcoming show in October will see the 2s and 3s and the same will be used in November.

November's show will be featuring interstate judges in conjunction with Mount Crawford, plus we are also holding our AOR classes.

#### WEBSITE

Our website is also up and running at [dressageclubofsa.weebly.com](http://dressageclubofsa.weebly.com) for event and club info. And of course, you can find club info on our Facebook page.

Looking forward to seeing you at our next show!

Sally Engelhardt  
*Vice President*

## Dressage Club of SA Calendar and Entries

### Sunday October 28

EA HOTY Points

Competitive, Participant (Official)

Closed Unrestricted (Prep to FEI) (Unofficial - Members Only)

Closed Unrestricted OTT (Prep to Advanced)

YH, FEI classes

EA 2s and 3s, Prep to Advanced

**Venue** Onkaparinga Pony Club Grounds, Shillabeer Road, Oakbank

[Last chance to qualify before close of entries for Dressage Festival]

### Sunday November 25

*INTERSTATE JUDGES*

EA HOTY Points

Competitive, Participant (Official)

Closed Unrestricted (Prep to FEI) (Unofficial - Members Only)

Closed Unrestricted OTT (Prep to Advanced)

YH, FEI classes

EA 2s and 3s, Prep to Advanced

**Venue** Mt Crawford Grounds, Cowell Road, Mt Crawford

## Dressage Club of SA Committee

### CHAIR

Peter Oborn

### VICE PRESIDENT | SOCIAL MEDIA | EVENT MGMT

Sally Engelhardt 0413 388 008

[keribeedressage@outlook.com](mailto:keribeedressage@outlook.com)

### SECRETARY

Irene Condon

### TREASURER

Madelyn Duckmanton

### SOCIAL MEDIA | JUDGE COORDINATOR

Nikki Nardelli

### COMMITTEE

Viv Bretherton

Helen Whittle

Kate Raymond

Anne Raymond

Cecile Buckton

### LIFE MEMBERS

Pat Roberts (dec)

Peter Oborn

Natalie Chisolm (dec)

### FACEBOOK

Find Dressage Club of SA on Facebook to see our latest posts, results and photos.

### WEBSITE

[dressageclubofsa.weebly.com](http://dressageclubofsa.weebly.com)

### EMAIL

[dressageclubsa@gmail.com](mailto:dressageclubsa@gmail.com)

### ENTRY FORMS

Entries via [nominate.com.au](http://nominate.com.au).

## Dressage Club of SA Membership

Membership year from January – December

Volunteering Member \$50

\*\*Non-Volunteering Member \$80

Volunteering Youth (Up to 21 years) \$30

\*\*Non-Volunteering Youth \$50

Membership available via [Nominate.com.au](http://Nominate.com.au)

\*\*New Category for members who don't wish to volunteer.



# **SOUTHERN VALES DRESSAGE CLUB**

*Equestrian Park, Aldinga Bay Sports Complex*

***www.svdc.info***

## **DIARY DATES:**

**(Grounds Open is for SVDC Members Only)**

Please see Website / Facebook for confirmation or email: [svdcaldinga@gmail.com](mailto:svdcaldinga@gmail.com)

## **OCTOBER:**

**Saturday 11<sup>th</sup> October:** Grounds open 9.00am – 12.00pm

**Sunday 21<sup>st</sup> October:** Closed Unrestricted Championships\*

*\*ONLY HORSES / PONIES WHO HAVE NOT COMPETED IN AN OFFICAL (COMPETITIVE) COMPETITION FROM  
21<sup>TH</sup> OCTOBER 2017 ARE ABLE TO ENTER*

## **NOVEMBER:**

**Saturday 17<sup>th</sup> November:** Grounds open 9.00am – 12.00pm

**Sunday 25<sup>th</sup> November:** Closed Unrestricted

## **DECEMBER:**

**Saturday 8<sup>th</sup> December:** Grounds open 9.00am – 12.00pm

**Sunday 16<sup>th</sup> December:** Competitive, Participant, Closed Unrestricted and  
Young Horse



# **SOUTHERN VALES DRESSAGE CLUB**

*Equestrian Park, Aldinga Bay Sports Complex*

***www.svdc.info***

## **Make the move to ...**

# **NOMINATE**

**<https://www.nominate.com.au/>**

### **SUNDAY 21<sup>th</sup> OCTOBER 2018:**

#### **Closed Unrestricted CHAMPIONSHIPS\***

ONLY HORSES / PONIES WHO HAVE NOT COMPETED IN AN OFFICAL (COMPETITIVE) COMPETITION FROM 21<sup>TH</sup> OCTOBER 2017 ARE ABLE TO ENTER

**Entries close Monday 8<sup>th</sup> October 2018**

**Tests:** Prep E, Prep C | 1.2, 1.3 | 2.2, 2.3 | 3.2, 3.3

**Freestyle:** Prep | Prelim | Novice | Elementary

**Fees:** SVDC Members \$20, Non SVDC \$30 per test  
\$5 Arena Levy, \$5 Admin Levy

### **SUNDAY 25<sup>th</sup> NOVEMBER 2018:**

#### **Closed Unrestricted Competition**

**Entries close Monday 12<sup>th</sup> November 2018**

**Test (Unrestricted):** Prep A, Prep C | 1.2, 1.3 | 2.2, 2.3

**Fees:** SVDC Members \$15, Non SVDC \$25  
\$5 Arena Levy, \$5 Admin Levy

### **SUNDAY 16<sup>th</sup> DECEMBER 2018:**

#### **Competitive, Participation, Closed Unrestricted and Young Horse Competition**

**Entries close Monday 3<sup>rd</sup> December 2018**

**Tests (Competitive):** 1.1, 1.3 | 2.1, 2.3 | 3.1, 3.3 | 4.1, 4.3 | 5.1, 5.3 | YOUNG HORSE

**Tests (Participation):** 1.1, 1.3 | 2.1, 2.3

**Test (Unrestricted):** Prep A, Prep C | 1.1, 1.3 | 2.1, 2.3

**Fees:** SVDC Members \$15, Non SVDC \$25  
\$4 Judges Levy, \$5 Arena Levy, \$5 Admin Levy