



Ride Write

WELL !!!! THAT’S A BIT DIFFERENT

Bit of a shock to our systems and to our plans this year. After the initial shock of all this it is pleasing to see life has begun to settle into a rhythm albeit different. Also relieved we have not been impacted in the devastating manner we first thought. How grateful we can be for such a great country and its people. Thank you everyone.

It was a little reminiscent for us horse people having practiced this with our horses during EI days.

Wouldn't it rock you when we have had the best competition weather ever and not able to soak it up. It seems many of us have continued to work horses and go out for rides to enjoy it anyway. "Put that in your pipe and smoke it, Virus! "

Again we are blessed to live where we live and can enjoy exercising our lovely horses in isolation.

What have you been up to ? Lets us know send you pic to thornley@iinet.net.au or any of the club emails.

COMMITTEE CHATTER

Members should know their committee has continued to plan the club calendar in advance so when restrictions are lifted it will be an instant return to activities and yes in line will the rest of the worlds meetings, held via online meetings apps. Sadly the food and drinks are not up to the usual standard. But fun none the less.



See more plans page 5

2020.

PERHAPS WE SHOULD HAVE LUNGED YOU FIRST.

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SPECIAL POINTS OF INTEREST

- Enter the Club Quizz prizes up for grabs





Sue J, Lisa and Trudi are getting the youngsters going. Child tests will be hotly contested later this year

PRESIDENTS MESSAGE

I trust you are all keeping safe (and somewhat sane...) during these unprecedented times.

Life as we knew it has changed and some of us have been heavily impacted while some of us continue our lives with minor impact.

Sadly our competition calendar has somewhat changed. We have had to cancel our upcoming Winter Series and club days, however we are planning on some activities we can enjoy at home until restrictions are lifted.

May will bring an online protocol day, with FREE Entry and plans are underway for our September Classic. There is still so much to organise for this major competition and even though we are a small committee, we are dedicated to our members and fellow competitors, to have everything in place “just in case”.

Sadly so many shows and competitions have already been cancelled for 2020. It feels a lot like the year of Equine Influenza.

An updated calendar is being worked on and will hopefully be available shortly.

If you have any ideas you would like to share, or would like to contribute to the newsletter please send us an email. In the meantime, enjoy your horse and take care.

Your President Kristy Boord

“Think of your hands being in front of the saddle and always pushing the horse to the bit, not pulling the horse back”



EQUESTRIAN
AUSTRALIA

EA ONLINE HORSE TRAINING AND EDUCATIONAL ACTIVITIES

EA welcomes the participation of members in online training and educational activities during this period of COVID-19 shutdown that prevents riders from competing.

Virtual Dressage Horsesport, Virtual Showjumping Horsesport, Virtual Eventing Horsesport and online training is available so that riders can have their training assessed while adhering to the obligations of social/physical distancing.

Given the lack of usual controls afforded to an official competition, it is not possible for these on-line activities to assure participants of a level playing field in terms of assessment. For this reason the awarding of placings, rankings or prizes as per a typical competition is not appropriate. Therefore these videoed sessions cannot be classed as a “competition”, given Official status, or used for future qualifications, leaderboard calculations or annual awards. However, they can be used for training purposes with review and feedback provided by a judge.

EA fully supports activities that keep our riders and horses at performance levels and also provide an enjoyable outlet for assessment. We see Virtual Dressage Horsesport, Virtual Showjumping Horsesport and Virtual Eventing Horsesport activities, while not designated as competition per our EA Rules, as still giving riders the opportunity to gain feedback and practice their competitive skills and ensuring the welfare of your horse.

We understand the importance of maintaining training and performance fitness and know that is also the goal of our members.

We would like to highlight the importance during these times of keeping the Welfare of the Horse our priority goal – it is the cornerstone of our sport.

At all times, in training, preparation, and performance in these days of virtual Horsesports we must maintain our commitment and welfare must take precedence over all other demands or situations.

In particular this is adherence to good horse management, training methods, farriery and tack, transport and transit if undertaken.

Good Luck over the coming months as we see our way through this difficult period for our sport.

**Lockdown translated
for horse people:
You are now on Box Rest.
If you stay quiet, you can
start hand-walking in 4
weeks.**

HRCV UNOFFICIAL ONLINE COMPETITIONS

ENTRIES CLOSE 8TH MAY

These online competitions are open to HRCV members on assessed horses.

We hope you enjoy participating. Please ensure that you comply with the current restrictions relating to non essential travel, hygiene and social distancing. Special mention to the girls from the HRCV office for organising these events. Thank you to our judges for your willingness to assist and thank you to our sponsors for your support.



Note: the Event Facebook pages are live. <https://www.facebook.com/HRCV-213545695476432/>

ALL INFORMATION BELOW CAN BE FOUND ON THE HRCV WEB SITE OR FOLLOW THIS LINK <https://hrcv.com.au/competitions/on-line-competitions/>

DRESSAGE

Update: we will accept tests ridden in a shorter arena (minimum 40x20m) and/or with the camera at A if you're unable to film from C. Please ensure you use the full set of letters.

HRCV Online Dressage PROGRAM

Dressage entry form

SHOW

HRCV Virtual Show PROGRAM

Virtual Show entry form

ALL WORKOUTS

[LEVEL 5 and 4 WORKOUT FOR SOP RIDER & RIDDEN MOUNT](#)

[LEVEL 3 and 2 WORKOUT FOR SOP RIDER & RIDDEN MOUNT](#)

[LEVEL 1 and ADV WORKOUT FOR SOP RIDER & RIDDEN MOUNT.docx](#)

[LEVEL 5 and 4 WORKOUT FOR MOUNT MOST SUITABLE FOR HRCV](#)

[LEVEL 3 & 2 WORKOUT FOR MOUNT MOST SUITABLE FOR HRCV](#)

[LEVEL 1 & ADV WORKOUT FOR MOUNT MOST SUITABLE FOR HRCV](#)



Jessica Butcher has some pretty fancy poles all painted up



Sue T and Spydar have change disciplines to soccer

**SHOW US
WHAT YOU
HAVE BEEN
UP TO**

CLUB ACTIVITY DAY PLANS

After enthusiastic discussion at the committee meeting it was decided the club days could still go ahead in a virtual way. So in this newsletter you will find for the next activity day planned for **Sunday 24th May** an entry form (See page 6 for level requirements and page 5 for entry form) for entry via youtube for a club Protocol Day. It will be a protocol day where you are able to ride movements of a test or a test of your choosing. The club understands not everyone has an arena to work in so you can choose,

- a) If you have an arena well marked you may ride a test of your choosing or
- b) Movements you are having problems with or ask if you can have your position checked or whether your horse is straight.

We have asked Judge (Sue Thornley) to give feed back and comment to help you improve ready for when we are able to resume, once restrictions have been lifted we will all be ready to get right back out there with confidence to prove the work we have done during lock down.

Should restrictions be lifted enough enabling us to go ahead together the day will be held at the **Naracoorte Polocrosse Grounds Sunday 24th May**

At the meeting the committee also discussed memberships for this unusual year and have resolved to make sure club members are aware their committee is looking at the situation to be fair with fees that will reflect value for money.

Also plans for Septembers Dressage Classic are ramping up with the vision that all will be in place if the go ahead is given. The committee will not be caught with its jods down!!

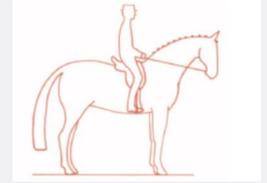


Amanda Archer putting Mum Linda and Frosty through the paces

TEST MOVEMENTS REQUIRED AT EACH LEVEL

EA Preparatory/HRCAV Level 5 and 4

Halt/medium walk/free walk/free walk on a loose rein maintaining contact/working trot/20 metre circle/2and3 loop serpentine/working trot - walk 4-6 steps - working trot working trot half circle 15 metres/working trot half circle 10 metres/Canter 20 metre circle

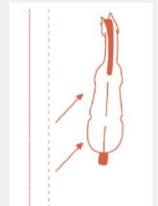


EA Preliminary/HRCAV Level 3

Halt/free walk on a long rein/medium walk/working trot/working trot showing a downward stretch/20 metre circle/3 loop serpentine/Working canter/20 metre circle

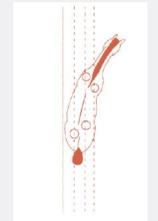
EA Novice/HRCAV Level 2

Halt free walk on a long rein/medium walk/working trot with a downward stretch/showing lengthened strides/10 meter half circle/10 metre circle/20 metre circle/Working canter/showing lengthened strides/15 metre circle/Simple change in canter through trot/Leg yield



EA Elementary/HRCAV Level 1

Halt/rein back/medium walk/free walk on a loose rein/Half turn on the hindquarters at the walk/collected trot/10 metre half circle/10 metre circle/Shoulder-in/Travers/collected canter/medium canter/Collected canter 10 metre circle/Collected canter 3 loop serpentine/ simple changes (through walk)/Collected canter 3 loop serpentine no lead changes/Counter canter/



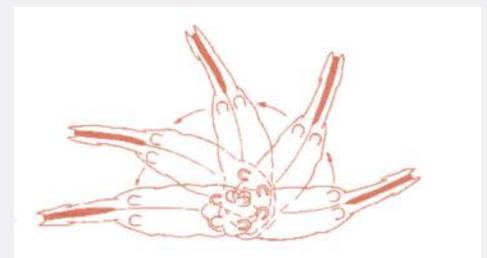
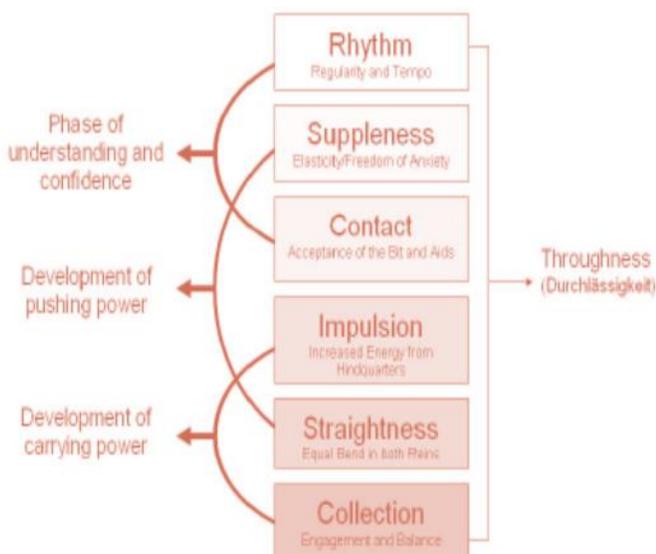
EA Medium/ HRCAV Level Advanced

Halt/rein back/medium walk/extended walk/shorten the stride half pirouette/collected trot/shoulder-in/10 metre half circle/Half pass/Renvers/medium trot/extended trot/Collected canter/10 metre circle/20 metre circle with release of reins 4 - 5 strides/Flying change/Medium canter/Extended canter/canter half pass



EA Advanced

Halt/collected walk/Collected walk 20 metre half circle/Collected walk half pirouette/Collected trot 10 metre circle/Medium trot to 6-7 steps of collected trot to medium trot/3 flying changes - every fourth stride/3 flying changes - every third stride/canter pirouette





PROTOCOL DAY

Pre-Entry closes May 20th

Looking for something to do in May?

We are so disappointed to have had to cancel the Winter Series this year so we are putting on a protocol day. Ride a EA, HRCav or Tiny Tot test and get some advice from our expert judges on where to gain some of those elusive points.

If the restrictions are lifted we will hold this event at the Naracoorte Polocrosse Grounds on May 24th.

Otherwise it's an online protocol:

FREE ENTRY

Step 1. Video your test.

Step 2. Upload it to youtube

Step 3. Send in the link to lisahurrell@outlook.com

Step 4. Wait for our judges to watch and return your test.

Videos must be in by 5pm on May the 24th.

Table below only required to be completed if restrictions are lifted

Name	Horse	Test
Preferred Time (please circle) morning/afternoon/anytime		

MSED CLUB COVID QUIZZ

Win some lovely prizes

Test your knowledge and or learn some more

Enter the quiz by sending your answers to president@mseedc.org.au

- 1 What is Counter Canter**
- 2 What is Piaffe**
 - a. Canter on the spot
 - b. Large trot
 - c. Trot on the spot
- 3 What are the foot falls of the canter?**
- 4 Which of these is not a dressage movement?**
 - a. Vorte
 - b. Passage
 - c. Leg yield
 - d. Roll back
- 5 What year was dressage introduced as an Olympic Sport?**
- 6 Which of these phrases might you see on a dressage test sheet?**
 - a. Perfect circle
 - b. Lovely square halt
- 7 How many marks are available in each test movement?**
 - 5
 - 10
- 8 What is legendry Valegro's stable name**
- 9 How many seconds do you have to enter the arena once the judge has indicated to start? (eg rung bell)**
- 10 Name this movement "The horse is proceeding equally forwards and sideways. The horse length bent in the direction of the movement"**
- 11 Name this description "When the horse is able to carry itself in balance through the various school movements without any support from the rein".**
- 12 The horses name who won preliminary Champion at the Naracoorte Dressage Spectacular 1997**
- 13 In the scale of marks what mark is given for each of these descriptions**
 - a. Marginal
 - b. Good
 - c. Insufficient
 - d. Fairly bad
- 14 What is a basic fault in the rhythm of a dressage test?**
- 15. Which of these letters is not used in a standard dressage arena?**
 - N
 - K
 - A
 - P

- 16. What is another word for “haunches-in”?**
- a. Piaffe
 - b. Travers
 - c. Renvers
 - d. Halfpass
- 17. When holding the reins properly, which part of the hand should be the highest?**
- a. Palm
 - b. Knuckles
 - c. Thumb
 - d. Pinkie
- 18. At what level can a double-bridle begin being used?**
- a. Preliminary
 - b. Novice
 - c. Elementary
 - d. Medium
 - e. Advanced
- 19. What is the definition of “tracking up”?**
- a. Lengthening
 - b. Any movement where the horse works on two or more tracks
 - c. The hind feet stepping into the tracks of the fore feet
 - d. Collection
- 20. What country has the highest horse population?**
- 21. What does a horse with "a lot of chrome" mean?**
- 22. What natural bodily function of most mammals do horses not have?**
- 23. True or False: Horses can get the hiccups.**
- 24. What does FEI stand for**
- 25. What does EA stand for**
- 26. How many inches makes a hand**



Quizz entries Close Tuesday 12 May.....

get your entries in ASAP because the first entry with all answer correct wins the biggest prize.....

Use what ever means to find the answers this is a learning exercise too

**MID SOUTH
EAST
DRESSAGE
CLUB**

**Fun
Friendship
and
Forward
Moving**

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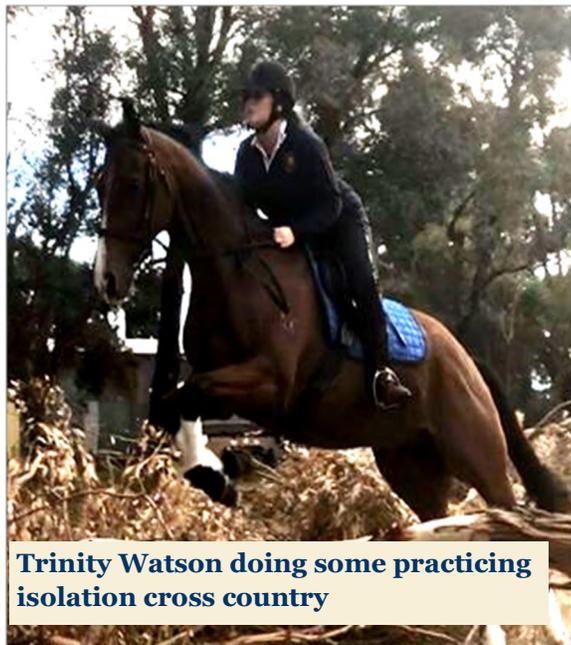
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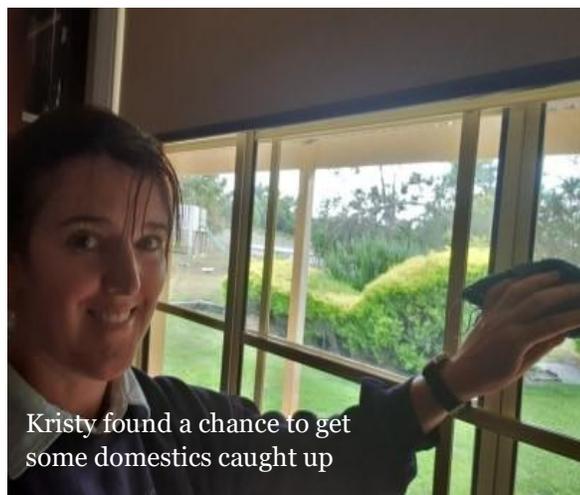
Kristy deBruin
Natalie Roberts
Sue Jones



**Kristy deBruin and Roo Practice,
practice, position, position**



**Trinity Watson doing some practicing
isolation cross country**



**Kristy found a chance to get
some domestics caught up**

*Thank you to all
the contributors
for this newsletter*

Sue Jones,
Trudi Lutt,
Lisa Hurrell,
Trinity Watson,
Kristy Boord,
Linda Archer,
Jessica Butcher,

Kristy deBruin
Sue Thornley



<https://www.msedc.org.au>

