



Ride Write

Dear Members

As we begin to bring things back to some kind of “normal”, we must remember to keep vigilant and not become complacent. COVID 19 has certainly changed everyday life as we knew it. We are planning on bringing our club out of hibernation by hosting a club activity day this Sunday 28th June 2020. Please see further in the newsletter for more information. The polocrosse grounds are currently too wet for us to resume activities at the grounds, however the Naracoorte Pony Club have been kind enough to welcome us to use the grounds for the next two months, thank you Naracoorte Pony Club. We have in place our COVID Safe Plans which will be on display, to keep up with the rules & regulations so that we keep everyone safe and do the right thing. Please make sure that you fill in your health declaration BEFORE you come on Sunday. Our calendar has also been revamped, please see the last page of this Newsletter. Plans are well underway for our September Country Classic, fingers crossed all will be ok for us to proceed, however COVID 19 has given us a few hurdles... On a lighter note, I am looking forward to getting back out there and plan to get rid of those dreadful COVID-KGs...

If anyone would like to contribute to the newsletter please send an email to president@msedc.org.au Our newsletter editor Sue T has been doing a wonderful job in completing our newsletters with valued information. THANK YOU SUE

Take care everyone, hope to see some of you Sunday, sadly our Victorian members can not attend but I'm sure you will be there is spirit..

Your President - Kristy



President:

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president@msedc.org.au

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Lisa Hurrell
0437119929

Minute Secretary :

Trudi Hodge
secretary@msedc.org.au

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0427 208 180
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Committee

Kristy deBruin
Natalie Roberts
Sue Jones

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SPECIAL POINTS OF INTEREST

- Winners Announced



From the Rule book

HRCAV

Insurance cover is voided if an accident occurs whilst mounted and the rider is not wearing an approved equestrian helmet with a fixed harness. Approved equestrian helmets must comply with the following standards:

- Current Australian standard AS/NZS 3838 (2006 onwards) provided they are SAI Global marked.
- New Australian standard ARB HS 2012 provided they are SAI Global marked.
- Current American standard ASTM F1163 (2004a or 04a onwards) provided they are SEI marked.
- Current American standard SNELL E2001.
- Current British standard PAS 015 (1998 or 2011) provided they are BSI Kitemarked.
- Interim European Standard VG1 (01.040: 2014-12) with or without BSI Kitemark.

The EN 1384 (Europe) standard for helmets manufactured prior to 2016

– not valid from 1st January 2021

EA

Guidelines for Portable Yards When yards are used, they should comply with the following minimum requirements:

1. Yards intended for 'loose' horses should have a minimum area of 3m x 3m.
2. Yards should not extend for more than 5m from a truck or float.
3. The minimum height should be 1.2m.
4. Minimum number of rails: 2 with a maximum distance of 600mm between rails.
5. Yards should be made of alloy, steel or galvanised pipe. (Note: New technologies with different properties may become available and may be allowed if safe.) Galvanised pipe or steel uprights should have a minimum wall thickness of 2mm and be at least 25mm in diameter. Alloy uprights and rails should have a minimum wall thickness of 3mm and be at least 32mm in diameter,
6. Uprights should be anchored to the ground at least in the free-standing corners away from the truck/float, to prevent movement. Preferable, all uprights should be anchored to the ground. (Note: If the design of the yard does not make a provision for anchoring, this can be done by sliding uprights over posts rammed into the ground or by attaching uprights to posts with strong electrical ties or similar methods.)
7. Single yards may be attached to a truck or a float. 8. Portable yards may be constructed in a row or other joint assembly (square, rectangle) This assembly may be free-standing

DIRECTIONS FOR CONVERTING CARD POINTS



RIDERS ASSESSED AT LEVEL 4 OR LEVEL 5 FOR

- *DRESSAGE
- * HORSE TRIALS
- *COMBINED TRAINING AND/OR
- * SHOW JUMPING

Are required to amend their performance cards for these disciplines to bring them into line with the new points tables.

Directions:

1. Determine your new points according to the Conversion Table
2. Make the following notation on your performance card/s:

**'Points as per new table – Level (...) points (...)'
Include your current level and your new points.**

Example 1:

A combination is currently Level 5 with a total of -2 points on their card." After adjusting their card, the combination will be Level 5 with -17 points on their card.

Example 2: A combination is currently Level 4 with a total of 19 points on their card. After adjusting their card, the combination will be Level 4 with 9 points on their card.

Example 3: A combination is currently Level 4 with a total of 22.5 points on their card. After adjusting their card, the combination will be Level 4 with 12.5 points on their card.

NOTES:

- Showing and Navigation Ride points are unaffected.
- Points on the database will be amended by the HRCVA
- The change in points on your card does not affect your points for the various awards.
- If your current points include fractions of points, the new points will include that fraction amount as per Example 3.
- Amended cards must be presented at HRCVA competitions after 30th June 2020

***If you are unsure of this new change, please send us an email at
president@msdc.org.au***

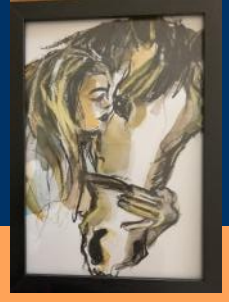
Current points on card	New points	Level
-10	-25	5
-9	-24	5
-8	-23	5
-7	-22	5
-6	-21	5
-5	-20	5
-4	-19	5
-3	-18	5
-2	-17	5
-1	-16	5
0	-15	5
1	-14	5
2	-13	5
3	-12	5
4	-11	5
5	-10	5
6	-9	5
7	-8	5
8	-7	5
9	-6	4
10	0	4
11	1	4
12	2	4
13	3	4
14	4	4
15	5	4
16	6	4
17	7	4
18	8	4
19	9	4
20	10	4
21	11	4
22	12	4
23	13	4
24	14	4
25	25	3





MSED Club Covid Quizz

And the winners are



Kristine Hancock and Jane Menz

Your prizes left and right

The quiz was an opportunity to learn or test your knowledge as I'm sure those who gave it a go did. Well done to all.

Answers shown below

- 1 What is Counter Canter **Cantering leading with the outside front leg**
- 2 What is Piaffe. **Trot on the spot**
 - a. **Canter on the spot**
 - b. **Large trot**
 - c. **Trot on the spot**
- 3 What are the foot falls of the canter? **Outside hind, inside hind and outside front together then inside front**
- 4 Which of these is not a dressage movement? **Roll back**
 - a. **Vorte**
 - b. **Passage**
 - c. **Leg yield**
 - d. **Roll back**
- 5 What year was dressage introduced as an Olympic Sport? **1912**
- 6 Which of these phrases might you see on a dressage test sheet? **Lovely square halt**
 - a. **Perfect circle**
 - b. **Lovely square halt**
- 7 How many marks are available in each test movement? **10**
 - a. **5**
 - b. **10**
- 8 What is legendary Valegro's stable name. **Blueberry**
- 9 How many seconds do you have to enter the arena once the judge has indicated to start? (eg rung bell) **45 seconds**
- 10 Name this movement "The horse is proceeding equally forwards and sideways. The horse length bent in the direction of the movement" **half pass**
- 11 Name this description "When the horse is able to carry itself in balance through the various school movements without any support from the rein". **Self carriage**
- 12 The horse's name who won preliminary Champion at the Naracoorte Dressage Spectacular 1997 "Cruise"
- 13 In the scale of marks what mark is given for each of these descriptions
 - a. **Marginal 5**
 - b. **Good 8**
 - c. **Insufficient 4**
 - d. **Fairly bad 3**
- 14 What is a basic fault in the rhythm of a dressage test? **Regularity**
15. Which of these letters is not used in a standard dressage arena? **N**
N, K, A, P
16. What is another word for "haunches-in"? **Travers**
 - a. **Piaffe**
 - b. **Travers**
 - c. **Renvers**
 - d. **Halfpass**
17. When holding the reins properly, which part of the hand should be the highest? **Thumb**
 - a. **Palm**
 - b. **Knuckles**
 - c. **Thumb**
 - d. **Pinkie**
18. At what level can a double-bridle begin being used? **Medium**
 - a. **Preliminary**
 - b. **Novice**
 - c. **Elementary**
 - d. **Medium**
 - e. **Advanced**
19. What is the definition of "tracking up"? the **hind feet stepping into the tracks of the front feet**
 - a. **Lengthening**
 - b. **Any movement where the horse works on two or more tracks**
 - c. **The hind foot fall stepping into the tracks of the fore feet**
 - d. **Collection**
20. What country has the highest horse population? **United States**
21. What does a horse with "a lot of chrome" mean? **Lots of white with socks/stockings/blazes**
- 22 What natural bodily function of most mammals do horses not have? **Can't vomit**
- 23 True or False: Horses can get the hiccups. **True**
- 24 What does FEI stand for **Federation Equestre Internationale**



Club Activity Day
Sunday 28 June 2020
Naracoorte Pony Club Grounds



Due to COVID-19 restrictions bookings are essential

Apologies to Victorian members –

SA Borders are still closed

An Opportunity to get horses out again and ride in an arena

BYO Food and Drinks

MSEDC Activity Day - Sunday 28 June 2020 30 minute arena time

MSEDC Members only

Enquiries Email: - treasurer@msedc.org.au Linda Archer 0427 208 180

Rider Name: _____ Age (if under 21) _____

Address: _____

Contact No: _____ Email: _____

By entering I acknowledge that I have read the attached MSEDC COVID-19 protocols . I will not attend if I am unwell and will follow all club directives in relation to social distancing and personal hygiene

I HAVE SIGNED THE MID SOUTH EAST DRESSAGE CLUB INC - PARTICIPANT HEALTH DECLARATION DURING COVID 19 RESTRICTIONS DECLARATION.

Preferred arena time: Morning / Afternoon / No Preference (please circle one)

Applications Close: Wednesday 24 June 2020

Times will be advised Thursday 25 June via email



MID SOUTH EAST DRESSAGE CLUB INC - PARTICIPANT

HEALTH DECLARATION DURING COVID 19 RESTRICTIONS

I declare that I have not:

1. Been overseas in the past 14 days
2. Had any close contact with a confirmed or suspected case of COVID-19
3. Had ANY of the following symptoms:
 - Fever $\geq 37.5^{\circ}\text{C}$
 - Sweats or chills
 - Shortness of breath
 - Cough and/or Runny nose
 - Sore Throat

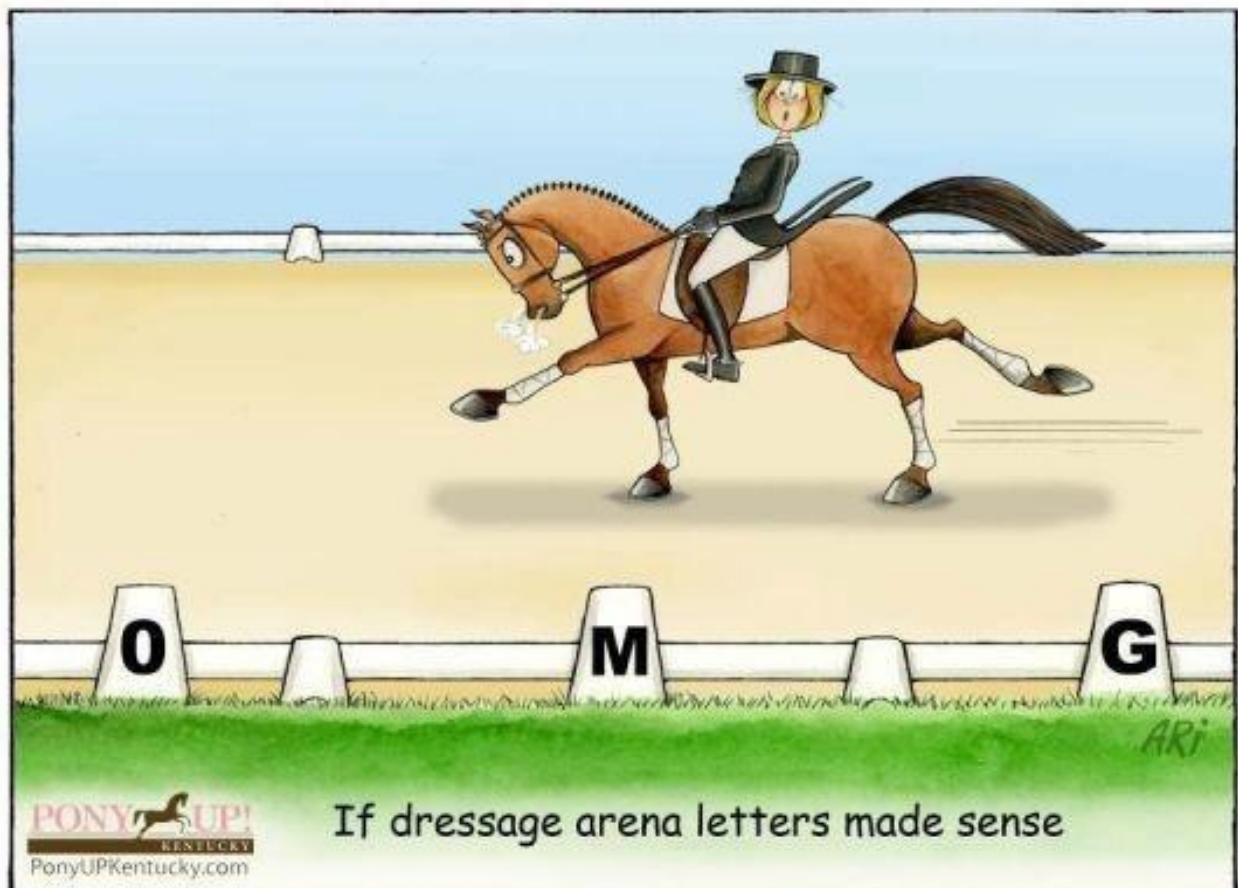
Signature:

Name:

Contact Number:

Date :

THIS DECLARATION MUST ACCOMPANY THE CLUB ACTIVITY ENTRY FORM



MSEDC
PO Box 922
Naracoorte SA 5271



**Protocol for Resuming Training & Competitions with MSEDC
at Hynam Polocrosse Grounds & Naracoorte Pony Club Grounds
Under Covid 19 Restrictions**

Introduction

The Mid South East Dressage Club is committed to complying with the Emergency Management (Non Essential Business and Other Activities No 4 (COVID-19) Direction 2020 issued under section 25 of the Emergency Management Act 2004, and will work within the Australian Institute of Sport (AIS) Framework for Rebooting Sport in a Covid-19 Environment published 01 May 2020, and the directions of the South Australian Minister for Sport, Recreation and Racing and SA Health.

On this basis the club will commence club activities using the facilities at Hynam Polocrosse Grounds or the Naracoorte Pony Club Grounds.

Club responsibilities

The club has sought to understand all relevant directions and guidelines and will continue to monitor changes in these directions and guidelines to ensure our protocols align with requirements of the directions and guidelines.

We will also monitor the implementation of the protocol to ensure that, when implemented, it supports compliance with directions and guidelines and achieves the objective of avoiding the risk of spreading COVID 19.

We will communicate the requirements of the protocol to all instructors, members and riders to ensure they understand and comply with the protocol.

Guidelines for Club Activity Days

The MSEDC will implement club activities to resume at the end of June 2020.

MSEDC Committee or another responsible club official will check off all members who attend each club activity and will also record the names of all non-riding attendees, to ensure the club has an accurate record of everyone who attended each session. This record is required to enable tracking of session participants in the event of any participant being exposed to a communicable disease.

*** Entering and leaving Venue**

On arrival at the venue, members will proceed to the float and carparking area. Horses may be placed in the yards. Members will be allocated times when they can ride.

* **Training content**

The protocol supports non-contact riding instruction, training or competition of members of the Mid South East Dressage Club. Dressage is a non-contact activity and riders and will be encouraged to maintain social distancing.

Riders are not permitted to share equipment including whips and gloves and are encouraged to bring their own food and refreshments.

* **Other considerations**

It is the Mid South East Dressage Club's preference that only current financial members attend the club activities but will permit parents or caretakers of riders who are not members to attend if required. All members and non-members must observe social-distancing.

Members observe social-distancing guidelines at all times including:

- When waiting to enter the riding arena
- When participating in club activities
- At completion of club activities

Toilets will be open and will be subject to a cleaning schedule

Hand sanitiser will be available at the entrance to the Clubrooms and must be used by all attendees when entering the clubroom area.

* **Communication with players and coaches**

The Mid South East Dressage Club will confirm that all instructors understand and agreed to implement this protocol. This letter, which is a summary of the protocol, will be provided to all riders and supporters through MSEDc Facebook page, Website and will be emailed to current members.

The club will communicate to all members & instructors that:

- They should not attend any training sessions if they are unwell
- They must advise the Club President if they become unwell after attending any activities.

* **Assessment of adequacy of Hynam Polocrosse Fields & Naracoorte Pony Club Grounds**

Both Venues have ample room for social distancing for participants.

President Kristy Boord – Mid South East Dressage Club

Dated 16/06/2020 president@msedc.org.au

Champions do not become champions when they win the event, but in the hours, weeks, months and years they spend preparing for it. The victorious performance itself is merely the demonstration of their Champion Character

**** BREAKING NEWS **** Some of you would be aware of the situation in regards to Equestrian Australia going into Voluntary Administration. As the MSEDG is affiliated with EA we will keep you informed via the newsletter when we know more. The letter below was emailed to all members of EA and is current as of the 10.6.2020. For more information please follow the link <https://www.equestrian.org.au/news/statement-ea-board>



Dear Member,

The news from Equestrian Australia on 9 June 2020 that it has gone into voluntary administration has taken us all by surprise. According to the announcement, the decision was made because Sports Australia has withdrawn its funding. Equestrian South Australia was unfortunately given no prior warning of this development.

We understand that many of you are concerned about the future of EA and what it will mean for you as a competitor and equestrian member. Whilst it may take some time for us to fully understand the impact this decision will have on our equestrian community here in South Australia, we want to confirm the following:

- Equestrian Australia (EA) and Equestrian South Australia (ESA) are separate legal entities and the decision taken by EA should not impact ESA operations;
- As a current financial member of ESA, you remain fully insured until 30 June 2020;
- ESA will work directly with the Administrators and insurance brokers to ensure our members continue to be insured into the 2020-21 Financial Year;
- ESA is forecasting to be cash positive for FY20 and has satisfactory cash reserves at this time. We remain committed to our return to sport plan and will continue to support our members and affiliate clubs;
- ESA is seeking to meet with the administrators as soon as possible to work through issues arising and, in the longer term, will seek a voice in any proposals for any changes to EA's constitution or governance arrangements.

ESA will keep you informed as more information comes to hand. We appreciate your patience as we navigate through this difficult time. We hope to minimize as much disruption to our members as possible.

In the meantime, we will continue working through our Governance Review plan and our return to sport

Regards,

Kirsty Dummin

Executive Officer



**EQUESTRIAN
AUSTRALIA**

Mid South East Dressage Club

Fun Friendship and Forward Moving

Mid South East Dressage Club 2020 Calendar

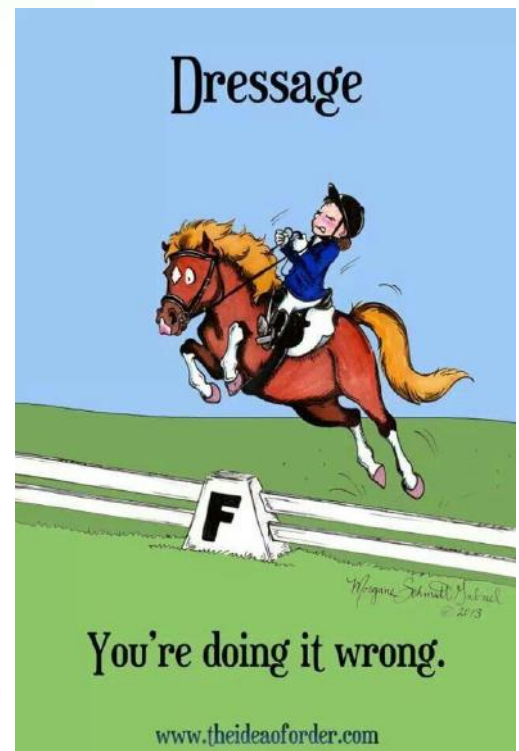
JUNE		
28	MSEDC Club Day	Members Only Unofficial Competition
JULY		
26	MSEDC Club Day	Poles with Lindy Young
AUGUST		
23	MSEDC Club Day & AGM	Club Day
SEPTEMBER		
26 & 27	SA COUNTRY DRESSAGE CLASSIC	Official - FEI, EA & HRCV EA HOTY Qualifier & AOR
OCTOBER		
18	Naracoorte Show	Dressage - Unofficial EA
NOVEMBER		
22	MSEDC Club Day	Club Day - End of year Breakup



<https://www.msedc.org.au>



NEW DRESSAGE SCORING DEFINITIONS



- 0 = WHAT . . . was that?
- 1 = Was that the movement ?
- 2 = Hmmm -Could have been ??
- 3 = Movement recognizable but horrible
- 4 = Ugly but they did it.
- 5 = Slightly better than 4
- 6 = Most of the pieces in place, but boring.
- 7 = Pleasant to watch
- 8 = Really pleasant to watch
- 9 = WOW
- 10 = Awesome! Someone get that on film?