

RIDE WRITE

Newsletter of the Mid South East Dressage Club

Affiliations EA / HRCVA / Horse SA

February 2022



Welcome to the February Edition of RideWrite!

The first competition of our club year is fast approaching and we are thrilled with the entries coming in. Thank you to all the members and visitors to the region for your support of the Lucindale Show dressage section.

On the back of this great competition we also have the March Extravaganza creeping up quickly. The booking form and clinician profiles are included in this newsletter. With limited session times each day, be sure to book early to secure your lesson with your preferred instructor.

April sees the first round of the Winter Series, and entry forms for these events will be available soon, so stay tuned!

The committee continues to work for you to secure great dressage opportunities for this region. In the pipeline we are working towards a judges training day as well as securing another EA Horse of the Year qualifier for the July round of the Winter Series and we are very excited that we have been able to secure Lucy Williams to return to the SE for another clinic on the 11th & 12th of June.

All 4 rounds of the Winter Series will be held at the Naracoorte Showgrounds this year. We plan to use the Nominate scoring system for these events and take advantage of the new Wi-Fi coverage at the Showgrounds.

As always, if you have any ideas to improve the club for the benefit of all members, please contact one of the committee as we would love to hear from you.

Cheers, Amanda

Lucindale Show Dressage Update

Entries are now flooding inMake sure you have put yours in via Nominate by the 16th February

(this WEDNESDAY 16th FEBRUARY 2022 VIA NOMINATE)

Judges are secured although we have lost one A Level due to serious health complications. We thank them for their intention and do hope they recover to be able to help in the future.

The grounds are looking fabulous, online scoring has been set up, the club's committee have all in place to date.

A BIG SHOUT out though to members who can help erect arenas, a chance to reduce your volunteer hours.

Touch base with Kate Dennis 0458 607 090 who will coordinate.

Also if you or some one you know would give some time to pencil (again reduce your volunteer hours)

Lucy Williams New Clinic Dates 11th & 12th June

Due to the postponement of the January Clinic due to hot weather, Lucy Williams clinic has now been locked in for the 11th & 12th June. Although we are now used to postponements fingers crossed for 2022.

Moving Forward Magazine

EA and EA Clubs information in one place.

Link for the latest edition: <http://www.ahdc.net.au/moving-forward-magazine.html>



EQUESTRIAN
SOUTH AUSTRALIA

Below are the changes to the EA Penalties rule.
Now in lieu of penalty points being deducted, a 0.5% will be deducted from the final percentage for any incursions.

Penalties will be Incurred Technical Faults and Penalties Rule Points deducted

- 0.5% per judge Exceeding 45 seconds to enter the arena
- 0.5% per judge Failure to salute at the entry halt or final halt
- 0.5% per judge Entering the arena before the bell is sounded
- 0.5% per judge Enters competition area not wearing correct identification numbers
- 0.5% per judge Incorrect dress where a penalty is provided for
- 0.5% per judge Wearing gaiters in FEI-level competitions
- 0.5% per judge FEI-level comps at Australian and State C'Ships - Entering the space around the arena carrying a whip
- 0.5% per judge FEI -level Comps at Australian and State Championships – Entering the arena carrying a whip
- 0.5% per judge Saddle or bridle not black or brown
- 0.5% per judge Stirrups not black or silver or same colour as rider's boots
- 0.5% per judge Fleece or other visible padding on the upper side of bridle
- 0.5% per judge Wearing boots, bell boots and/or bandages in the space around the arena
- 0.5% per judge Wearing boots, bell boots and/or bandages if worn in the arena
- 0.5% per judge Not giving the signal for the music to start within 45 seconds of the bell
- 0.5% per judge Entering the arena after 30 seconds of music
- 0.5% per judge If the rider enters the arena clearly late
- 0.5% per judge If the test is longer or shorter than stipulated
- 0.5% 1st error Young Horse
- 1.0% 2nd error Young Horse
- 0.5% 2 per judge 4-year-old YH competition – if horse leaves arena with all 4 feet
- 0.5% per judge Carrying a whip in the space around the arena at Australian YH Championships in 5, 6 and 7 year-old competition. To be deducted after score has been multiplied by 2 for a score out of 100 Deduction from Marks in Movements
- Holding reins in one hand – see 3.15.1
- Use of Voice – 3.16
- Tongue – whenever seen

Errors of Course will remain the same

- 2 per judge 1st error of course
- 4 per judge 2nd error of course

*Moves afoot to amend the 3 tests a day rule. In the near future EA will pass a rule so that only 2 tests can be ridden on any one day of competition, sighting welfare of the horse. **Watch this space***

Scoring Programs

We are all now familiar with the scoring program of Nominate but with all things IT improvements, innovation and the additions of new players is always on going.

The new players on the field are “The Event Secretary” and “Black Horse” both of them have new additions and interactions with more diverse platforms to give us, the users, more choices to suit our requirements and equipment we use in order to produce the best efficiencies with the least amount of man power. In these days of that rare breed the volunteer, (I think has been put on the endangered list) these programs will help.

Both these are up and have been running successfully in Victoria since that state has returned to competitions.

Looking forward to seeing what more innovations are developed in the equestrian sports arenas as the need to streamline event organising and adjudicating is realised .



Linda's Kitchen

Curried Chicken Salad with mango, grapes and almonds

Serves 8

Cooking Time: 15 min

2 cups of chicken stock

4 cups water

1 kg skinless chicken breast

$\frac{3}{4}$ cup mayonnaise

$\frac{1}{2}$ cup plain yoghurt

1 tablespoon finely chopped ginger

1 $\frac{1}{2}$ teaspoons curry powder

2 tablespoons freshly squeezed lime juice

1 teaspoon sugar

1 red onion chopped

1 cup chopped flat leaf parsley

Salt and pepper to season

2 large mangos, peeled and cut into bite sized pieces

$\frac{1}{2}$ cup red grapes, halved

$\frac{1}{2}$ cup lightly toasted almonds

Chopped coriander to garnish

Combine stock and water in a pan bring to a simmer and then add the chicken.

Cook through Dice chicken. Combine chicken, onion and parsley, toss.

Combine mayonnaise, yoghurt, ginger, curry powder, lime juice and sugar in a bowl and whisk until smooth. Season to taste.

Place chicken on a platter, pour over mayonnaise, scatter, mangos, grapes and almonds over the top.



Horses and Bushfire Season

We've entered the bushfire season and it's important to keep our horses safe after the holidays. We've gathered some important information from [the CFS](#) and added some of our own tips.

Whether your horses are located at home or on an agistment property you must plan and prepare for their safety.

- Horses need a large open space to avoid bushfires
- Move your horses to a safer location before a Severe, Extreme or Code Red day
- Remove all gear, including rugs

Seek treatment for burns quickly

Horses are quite good at avoiding bushfire if:

- They have enough room to move freely and get a good gallop up in a large open space
- There is minimal vegetation in the large open space

On Severe, Extreme or Code Red fire danger days, move your horses to a designated safer paddock or area. This may be:

- A large eaten out paddock
- A series of smaller eaten out paddocks with the internal gates left open
- A large sand ménage, provided there are no buildings or vegetation close-by that could catch fire.

Ideally the paddock should have a dam in it where the horse can seek relief from the heat.

Do not lock your horses in a stable, holding yard or similar environment. The horse may panic and hurt themselves if confined. The building may also catch on fire.

Do not let your horses out on the roads as they will be in more danger from traffic and fire.

A horse's natural instinct is to run from danger including bushfire and they will quickly move to burnt ground to survive.

Ensure your property has a [Property Identification Code \(PIC\)](#) registered with the Department of Agriculture through the Department of Economic Development, Jobs, Transport and Resources DEDJTR that indicates horses are there. If your property is impacted by fire DEDJTR may be able to enter after the fire to check on the welfare of your livestock.

You may wish to move your horse to a property that is not in a high-risk area on days of Severe, Extreme or Code-Red.

If your property isn't safe

Move your horses to a safer location before a fire starts. Once a fire has started, it is unlikely you will be able to safely move your horses to another location. Bushfires can travel quickly and roads will be dangerous, or possibly closed.

Prepare your horses

On Severe, Extreme or Code Red fire danger days remove all gear, including rugs, from your horses. Some gear may melt or become very hot and cause serious burns, or get caught on fences. Also embers landing on rugs may cause the rug to catch on fire and the horse will not be able to get the rug off

Permanently identify your horses by microchipping or branding them. If your horse is difficult to catch, consider leaving a leather halter on with identification tags.

After the fire

- Check the paddock for trees and limbs likely to fall.
- Do not enter or have horses in paddocks with fallen power lines or damaged power poles.
- Some tree roots may burn underground creating extremely hot pits that could cause burns if stepped in.
- Getting horses off hot ground is important to prevent laminitis
- Check that their water is not contaminated and that they have food
- Check that fencing is safe

Horses tend to recover well after a fire. They may suffer facial burns and swollen eyelids. Seek appropriate treatment to restore them to full health quickly.

A horse suffering from burns requires prompt veterinary attention. Until the vet arrives, you can:

- Sponge affected areas with cold water
- If legs are affected, try standing your horse in a bucket of water
- Any first-aid administered should be anti-inflammatory.





MSEDC EQUINE EXTRAVAGANZA

SATURDAY 12 AND SUNDAY 13 MARCH 2022

NARACORTE POLOCROSSE GROUNDS, HYNAM SA

The Mid South East Dressage Club is proud to present a weekend designed for all horse enthusiasts throughout the Limestone Coast and beyond.

● Specialist dressage lessons ● Poles sessions ● Protocol Sessions ● Yoga sessions as well as a chance to catch up with old friends and meet new ones and sharing some laughs.

This year we have again secured some fantastic clinicians to impart their knowledge. Back by popular demand we have Jason Dins and Angela Donaldson, Dressage instructors. We are also fortunate to have Julie Masters to improve rider fitness and strength with Yoga sessions, Lucie Hill for Poles and Susan Thornley for Protocol sessions.

ENTRIES CLOSE MONDAY 28 FEBRUARY.

PLACES WILL ALLOCATED ON RECEIPT OF ENTRY AND DEPOSIT.

To participate in this MSEDc weekend you will need to be one of the following:

- 1) *A current financial MSEDc member*
- 2) *A current financial HRCav member*
- 3) *Pay a HRCav day membership for each day of attendance*

To join us for this fabulous weekend of fun and learning, please complete the details below and overleaf and forward your payment and booking information to us to secure your spot! Bookings can be made by post or email and payment can be made by cheque or EFT. All the details are on the booking form. We hope to see you there!

Saturday Dinner & Information Evening - approx 6.30pm

You are invited to share in an evening meal to learn, discuss and ask questions. Either BYO Dinner or orders will be taken for individual Pizzas. Menu and pricing will be sent out with times and orders will need to be placed and paid for by 2pm Saturday.

To become a MSEDc member please join via the Nominate via the link:

<https://www.nominate.com.au/Clubs/RegistrationInformation.aspx?CID=127>

Name:			
Address:			Post Code:
Email:		Phone:	

Equine Extravaganza

You need to be a MSEDc member or a HRCav member to participate.

If you do not have a current membership, you can purchase a HRCav 'Day membership' for each day

★ Amazing Value ★

MSEDc Members 20% off the Total

Enquiries and entries to Ann Dodd 0400 737 087

ann_dodd@bigpond.com

Select the activities you would like to participate in by ticking the boxes

Activity		Saturday	Sunday	Total
Angela Donaldson - dressage (45min lesson)	\$120	<input type="checkbox"/>	<input type="checkbox"/>	\$
Jason Dins - dressage (45min lesson)	\$120	<input type="checkbox"/>	<input type="checkbox"/>	\$
Julie Masters – Yoga session – for 2 sessions	\$30		<input type="checkbox"/>	\$
Sue Thornley – Protocol session (30 min)	\$40	<input type="checkbox"/>	<input type="checkbox"/>	\$
Lucie Hill - Private Poles (30 min)	\$40	<input type="checkbox"/>	<input type="checkbox"/>	\$
Camping and yard at Polocrosse Grounds - weekend	\$30		<input type="checkbox"/>	\$
Additional yards at Polocrosse Grounds - weekend	\$10	Quantity		\$
Showgrounds Camping (2 people, powered site/night)	\$22	<input type="checkbox"/>	<input type="checkbox"/>	\$
Showgrounds Stabling (per horse/night)	\$15	<input type="checkbox"/>	<input type="checkbox"/>	\$
HRCav day membership (per day)	\$30	<input type="checkbox"/>	<input type="checkbox"/>	\$
SUB-TOTAL				\$
Less MSEDc Members Discount 20%				\$
TOTAL to be paid				\$

Payment by cheque to: Mid South East Dressage Club Inc.

Payment by EFT to: BSB 633-000 A/C # 151 424 926

Please use your name as a reference & email confirmation of your payment to

The Treasurer: treasurer@msedc.org.au

BOOKINGS CLOSE 28 FEBRUARY 2022

Entries to: ann_dodd@bigpond.com

Places in sessions will be allocated on receipt of paid entry

PO Box 922, NARACORTE SA 5271

MSEDc Membership available on Nominate: Clubs (nominate.com.au)

Please complete waivers when completing new membership forms or day membership forms.

Angela Donaldson

Angela has been riding professionally since she was 17. From young horses through to FEI. Multi championship winner in the dressage arena. She spent three years working in Europe at barns such as Gestute Spehe and Hof Kasselmann (PSi). Angela's main aim is to have a soft, elastic, responsive horse that is reactive off the aids with correct basics. Angela travels to the South East regularly.

Jason Dins

Jason started Riding when he nagged his parents for a pony at age 9, joining Riddells Creek Pony Club a few years later. Jason completed Certificate II in Equine Industry while at school, completing work placement and working in School holidays with David Simons one of Victoria's most respected horse trainers and clinician's.

After working for 3 year Jason decided to become a full time Trainer and Coach allowing him to have more time in the saddle to reach his goals. Glennis Barrey was his coach at the time and he worked for her for 12 months. During this time he got a great understanding of the basics instilled into him. He put a lot of training into my young horse at the time Final Banjo and also purchased the 19yo Grand Prix schoolmaster Argentille Shamada. During my stay I competed on several of Glennis's young horses and broke in GB Freckle (Ferrero Rocher) and Sebago (IMP) (Sir Donnerhall) colt at the time.

Jason has been running his business for the last 8 years in Kyneton, Victoria. This business offers services such as breaking and training of horses of all ages and breeds. As an NCAS Introductory Certified Coach with Equestrian Australia this sees him coaching all levels of riders. He teaches at a number of Pony Clubs and Adult Riding Clubs in the area. Private lessons and training is offered on and off site, so this sees him travelling the Macedon Ranges, Western Victoria and other regional areas on regular occasions. Jason also competes at least one to two weekends a month on either his own or clients horses, at a variety of levels from Young horse classes, through to FEI level.

Jason's goals for the future are to continue gaining knowledge in training horses and riders and passing this on to his pupils. He also wants to continue to train horses from young horse level through to Grand Prix and compete at a national level.

Lucie Hill (Poles)

Lucie is a Qualified EA coach who has an extensive history in eventing and dressage throughout SA, QLD and VIC. She is passionate about teaching riders of all levels, with a focus on simple and correct riding techniques.

Lucie cross trains many of her own and client's horses via a poles training program to create a strong and sound horse.

Poles are a great way to build strength, improve balance and self carriage. By challenging your horse through progressive combinations of ground poles, you are not only strengthening your horse itself, but the connection between your horse and the aids. The benefits of poles for the rider and horse are endless and make a great training staple.

Let's go pole dancing!

Susan Thornley (Protocol)

Susan Thornley is an accredited National Medium Level EA Judge and Advanced HRCav, also an EA accredited Mentor Judge and served on the State Judges Working Party . Susan has been judging since the mid 90's and since has fulfilled judging appointments in the States of Queensland, NSW, Victoria and South Australia on a regular basis. Completed judging appointments at National Events and State Championships on a regularly. Susan as attended many judging seminars with European, American, British and 5* Judge Educators. Regularly participates in judging workshops including up to the A Levels. Not only has Susan put enormous amounts of study to continue to have a good eye on the necessary requirements to produce a good marks in a test she has also had the practical experience having won a Championship at all levels up to and including Prix St George and helped many riders to achieve similar results.

Julie Masters (Yoga)

Julie is a qualified Yoga instructor and her exercises are designed with the Dressage rider in mind.

Dates for 2022

February 26th & 27th

Lucindale Show

March 12th & 13th –

Extravaganza – (Hynam TBC)

April 7th–11th

Regional Masters Games

South Australian State Dressage Championships

April 24th

Round 1 Winter Series - Unofficial

May 22nd

Round 2 Winter Series – Official

June 11th&12th and 24th

11-12th Lucy Williams Clinic

24th Round 3 Winter Series - Unofficial

July 24th

Round 4 Winter Series - Official, HOTY, AGM

August 28th

Club Day

September 24th – 25th

Official Championship Competition

October 16th

Naracoorte Show

November 27th

Club Day Christmas break up

MSEDC Committee

President:

Amanda Lock

president@msedc.org.au

0418 813 214

Vice-President:

Susan Thornley

0408 847 026

Minute Secretary:

Trudi Lutt

secretary@msedc.org.au

Treasurer:

Linda Archer

0427 208 180

treasurer@msedc.org.au

Committee:

Kristy Boord

Kate Dennis

Tiffany Bennett

Ann Dodd

Nic Lewis

Life Members:

Sue Thornley

Margie Stuart

Amanda Lock

Kristy Boord

The views expressed in this Newsletter are not necessarily those of the Committee. To the extent permitted by law, the Mid South East Dressage Club Committee, disclaims any liability whatsoever in relation to any advice, representation, statement, opinion or other matter expressed in this Newsletter.



www.msedc.org.au